

Solgar® Kosher Omega-3 675 mg provides a concentrated source of the Omega 3 polyunsaturates EPA and DHA. This formulation supports cardiovascular, joint and cellular health.\* It is molecularly distilled to remove mercury.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Solgar's KOF-K certification #K-1250

Carefully Manufactured for:

Solgar, Inc.  
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Prod 30003  
SOLGB76889 00A

14-10627X3S



KOSHER  
**OMEGA-3  
675 MG**  
WITH EPA & DHA

HEART HEALTHY\*  
PURIFIED TO REMOVE MERCURY

Non-GMO  
GLUTEN, WHEAT & DAIRY FREE



50 SOFTGELS

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving		%DV
Calories	15	
Total Fat	1.5 g	2%**
Polyunsaturated Fat	1.5 g	***
Cholesterol	5 mg	2%
Fish Oil	1,350 mg	***
provides:		
Total Omega 3 Fatty Acids†	675 mg	***
EPA (eicosapentaenoic acid)†	378 mg	***
DHA (docosahexaenoic acid)†	189 mg	***
Other Fatty Acids		

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*\*Daily Value (DV) not established.

Other Ingredients: Fish Gelatin, Vegetable Glycerin, Mixed Tocopherols.

Contains fish (Pollock, Tilapia).

†As Triglycerides

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) softgel three times daily, preferably with meals or as directed by a healthcare practitioner.

**FREE OF:** Gluten, Wheat, Dairy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener and Color.

If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

