#### SUGGESTED USE:

As a dietary supplement take one (1) veggie capsule twice a day. For best results take 20-30 min before a meal with an 8oz. glass of water or as directed by your healthcare professional.

### CAUTION:

Do not exceed recommended Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.





KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot # and Expiration Date Printed on bottom of Bottle V1R







# **BIOTIN** 10,000 MCG

MAX STRENGTH 100% Pure\*

- Promotes Healthy & Strong Hair & Nails \*
- Supports Energy Production
- Promotes Healthy Skin \*

180 **CAPSULES** DIETARY SUPPLEMENT



USA

## **Supplement Facts**

Serving Size: 1 Veggie Capsule

Amount Per Serving	%Daily Value	
Biotin	10,000 mcg	3,333%
Calcium (as Calcium Carbonate)	176 mg	18%

Inactive Ingredients: Cellulose (Vegetable Capsule) Rice Flour, Magnesium Stearate (vegetable).

ASQUARED NUTRITION is proud to offer a pure Biotin supplement. Our maximum strength formula contains 10,000 MCG of Biotin per veggie capsule. Biotin promotes healthy and strong hair, skin and nails. Biotin also supports cellular energy production \*

### Manufactured Exclusively for:

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