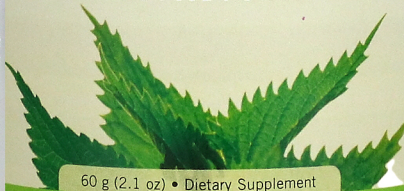




- ✓ Non GMO
- ✓ Raw, Vegan
- ✓ Grain/Soy/Dairy-Free
- ✓ Freeze-Dried
- ✓ No Added Sugar
- ✓ No Fillers
- ✓ US Grown
- ✓ Wildcrafted

eclectic 
INSTITUTE - Since 1982

RAW Fresh Freeze-Dried
NETTLE LEAF
Whole Food **POW**der



60 g (2.1 oz) • Dietary Supplement

Concentrated **7X** through Freeze-Drying

Supplement Facts

Serving Size 1 tsp (1.5 g)

Servings per container: 40

	Amount per serving	%D.V.
Freeze-dried wildcrafted stinging nettle leaf (<i>Urtica dioica</i>)	1.5 g	*

*Daily value not established

100% Kosher. This product is best stored tightly capped in the refrigerator after opening.

Keep out of reach of children. Consult your health care advisor regarding the use of this product during pregnancy, with infants, or with prescription drugs.

Eclectic Institute, Inc.

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503-668-4120 www.eclecticherb.com



Item# 3761300
Lot #24421/1
Exp. 10/23

Eclectic's POWders (Plant Originated Wellness)

Simply whole, raw, fresh freeze-dried plants.

We Start and End with Whole Herbs – From farm to bottle, we use naturopathic wisdom and innovative processes to create exceptional products. We organically grow or sustainably wildcraft herbs that are harvested at peak potency, and then freeze-dried in-house. Freeze-drying naturally concentrates by removing only the water, leaving the plants' nutrients in the same balance as found in nature.

Whole Food Nutrition – Micronized for easy assimilation, and containing all the natural goodness of the whole plant. No washing, no chopping, no cleaning required – just add to water, juice, or food.

1 tsp of freeze-dried powder = 7 tsp of fresh nettle leaf!

- 1 | Fill container with 8 oz water/juice 
- 2 | Add 1 tsp of powder, shake well 
- 3 | Drink and enjoy 

Can also be added to smoothies, dips, yogurt or other foods.
Drink extra water while consuming this product.