

Adult Formula Complete 50+

Over 20 RDI Nutrients

Specially Formulated Multivitamin/Multimineral Supplement for Adults 50+

60 Caplets

Dietary Supplement



Serving Size 1 Caplet

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Vitamin A Acetate and 40% as Beta-Carotene)	2,500 IU 50%	Magnesium (as Magnesium Oxide)	50 mg 13%
Vitamin C (as Ascorbic Acid)	60 mg 100%	Zinc (as Zinc Oxide)	11 mg 75%
Vitamin D (as D3 Cholecalciferol)	500 IU 125%	Selenium (as Sodium Selenate)	55 mcg 75%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	50 IU 167%	Copper (as Cupric Sulfate)	0.5 mg 25%
Vitamin K (as Phylloquinone)	30 mcg 38%	Manganese (as Manganese Sulfate)	2.3 mg 115%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	1.5 mg 100%	Chromium (as Chromium Piccolinate)	45 mcg 38%
Riboflavin (Vitamin B-2)	1.7 mg 100%	Molybdenum (as Sodium Molybdate)	45 mcg 60%
Niacin (as Niacinamide)	20 mg 100%	Chloride (as Potassium Chloride)	72 mg 2%
Vitamin B-6 (as Pyridoxine Hydrochloride)	3 mg 150%	Potassium (as Potassium Chloride)	80 mg 2%
Folic Acid	400 mcg 100%	Boron (as Boric Acid and Sodium Borate)	150 mcg **
Vitamin B-12 (as Cyanocobalamin)	25 mcg 417%	Nickel (as Nickel Sulfate)	5 mcg **
Biotin (as d-Biotin)	30 mcg 100%	Silicon (as Silicon Dioxide)	2 mg **
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg 100%	Vanadium (as Sodium Methylvanadate)	10 mcg **
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	220 mg 22%	Lutetium	250 mcg **
Phosphorus (as Dicalcium Phosphate)	20 mg 2%	Lycopene	300 mcg **
Iodine (as Potassium Iodide)	150 mcg 100%		

*Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Gelatin, Contains <2% of: Cellulose Coating, Croscarmellose, Croscopolone, FD&B #2 Lake, FD&B Red #40 Lake, FD&B Yellow #5 Lake, Slurich, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Good health maintenance begins with this product, the age-specific multivitamin formulated for adults 50+.

- Essential Antioxidants help support cell health.
- Key Nutrients help support nutritional requirements.
- Important Nutrients to promote bone health.
- Age consistently and support good health with the nutrients in this product.*

Compare to ingredients of Centrum® Silver***

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An Iron-Free Formula

Directions: For adults, take one (1) caplet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care provider.

No yeast, wheat, gluten, milk or milk derivatives, corn, sugar, artificial flavor.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

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Contains both yeast, pollen, hydrolyzed, milk, corn, soy, naturally iron. No yeast, gluten, wheat, corn, sugar, artificial flavor.

DISTRIBUTED BY: DOLGENCOURT, LLC
100 MISSISSIPPI RIDGE
GOODLETTSVILLE, TN 37072 USA
QUESTIONS OR COMMENTS? 1-888-309-9030

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No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor.
WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.
KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.
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** This product is not manufactured, distributed or marketed by Wyeth Holdings Corporation, owner of Centrum® Silver®.

Prod. No. 30279



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100% Quality Guaranteed

If you're not satisfied with this product for any reason, please contact us so we can replace it or give your money back.

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