DAIRY FREE • GLUTEN FREE • ZERO SUGAR

BARNDAD'S

FIBER DX

PROPRIETARY 8 LAYER FIBER MATRIX VIII

40 CALORIES PER SERVING

11G FIBER PER SERVING

7G PROTEIN PER SERVING

30 SERVINGS

AWARD WINNING HEALTH · NATURAL & FLAVORLESS

GLUTEN FREE PRODUCT

NEW LOOK LESS PLASTIC

FLAVORLESS
FIBER & PROTEIN POWDER
NET WT 21.1 OZ (1.32 LB) 600 grams

BARNDAD'S

FIBER DX

8-LAYER FIBER MATRIX

BarnDad's FiberDX® (Unflavored) 8-Layer Fiber Matrix, with 11g of fiber, 7g of protein is a 100% natural, time release, soluble and insoluble fiber blend to support weight management and digestive health. Unlike some single fiber sources that may cause bloating or gas, BarnDad's FiberDX® works differently, it's a proprietary 8-layer fiber blend that works to provide consumers all the benefits of a high fiber diet without the bloating or negative side effects.

Our Fiber is a universal ingredient that can be used daily. It mixes easily in water or other non-carbonated beverage; it can be added to your favorite protein shake or used in baking and cooking as a flour substitute when higher dietary fiber is desired.

BarnDad's FiberDX® is the Ultimate fiber supplement to help support weight management and promote calorie control. Keeping you feeling fuller longer and may help slow the digestion of sugar and carbohydrates allowing glucose to be metabolized more effectively. FiberDX® is convenient and allows you to enjoy a daily high fiber routine with vitality.

Our Fiber mantra is "Success Continues Within" because we care about the inside just as much as the outside!

Nutrition Facts

30 servings per container
Serving size (20g)

Amount Per Serving	
Calories	**40**
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 60mg	3%
Total Carbohydrate 11g	4%
Dietary Fiber 11g	39%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1mg	6%
Potassium 140mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:
BarnDads FiberDX® Soy Protein Isolate, Oat Fiber, Soy Fiber, Psyllium Husk, Digestion Resistant Maltodextrin, Flax Seed, Beet Fiber, Powdered Cellulose, Oat Bran Fiber.

A GLUTEN FREE PRODUCT

CONTAINS: SOY PROTEIN
Store in a cool, dry place

FLAVORLESS: NO FLAVOR ADDITIVES

Directions: Add 1 scoop (20g) of BarnDad's FiberDX® to 8-12 ounces of liquid (water, juice, protein shake or favorite non-carbonated beverage).

SHAKE OR BAKE

DISTRIBUTED BY:
BarnDad Innovative Nutrition, LLC
Pittsburgh, PA
FIBERDX.COM
855-826-2429

8 59631 00306 1

Product Manufactured in USA