STRAWBERRY CREAM
NATURALLY SWEETENED

BarnDad's FIBERDX
8-LAYER FIBER MATRIX

BarnDad's FiberDX® 8-Layer Fiber Matrix, with 13g of fiber, 13g of protein, is a 100% natural, time release, soluble and insoluble fiber blend that naturally reduces hunger and supports healthy weight management, lean muscle and a healthy digestive system. **BFDX** helps reduce insulin spikes as it slows the digestion and absorption of sugars and carbohydrates, allowing glucose to be metabolized more effectively.

BarnDad's FiberDX® also supports heart health. It's long been clinically proven that a diet high in fiber helps reduce cholesterol and triglycerides, which has a positive impact on the body's mechanisms for regulating healthy cholesterol production within normal ranges. Health experts recommend a balanced diet include a minimum of 25 and up to 50 grams of fiber per day.

BarnDad's FiberDX® STRAWBERRY CREAM takes your daily fiber routine to the next level! We've *boosted* our original formula with over 25% more fiber and over 85% more protein per serving. Plus! with **BFDX's STRAWBERRY CREAM**, you will get all the same incredible health benefits of our original **BarnDad's FiberDX®** mixed with the irresistible delight of a smooth and creamy strawberry flavor. No artificial sweeteners, bloating or negative side effects.

BFDX's STRAWBERRY CREAM is a decadent and delicious fiber supplement that mixes easily with water or other beverages. Satisfy your strawberry cravings and your daily fiber needs with BFDX's STRAWBERRY CREAM.

DOCTORS RECOMMEND KEEPING BLOOD GLUCOSE LEVELS WITHIN A HEALTHY RANGE.

Cholesterol	125-200 MG/DL
HDL	Low: > OR = 40 MG/DL
Glucose	65-99 MG/DL
Hemoglobin	A1C Low: < 6.0%
LDL	Low: < 130 MG/DL

BFDX's STRAWBERRY CREAM is easily used for making baked goods with added nutrition & great strawberry flavor.
Waffles, muffins, cakes, cookies, etc..

Visit our website for recipe information: *barndadsfiberdx.com/recipes*

STRAWBERRY CREAM
NATURALLY SWEETENED

BarnDad's
FIBERDX®
8-LAYER FIBER MATRIX

NEW

Strawberry Cream

RESEARCH HAS SHOWN HIGH FIBER & HIGH PROTEIN DIETS CAN

Enhance weight management & promote calorie control

Promote healthy cholesterol, A1C & blood glucose levels within normal range

AWARD WINNING HEALTH & TASTE

52%
OF YOUR DAILY FIBER REQUIREMENT

80	13G	13G
CALORIES	FIBER	PROTEIN

BARNDAD
INNOVATIVE NUTRITION

STRAWBERRY CREAM
NATURAL & ARTIFICIAL FLAVORED

NET WT 24.7 OZ (700 g)

No Bloating or Negative Side Effects

TEAR HERE

Success Continues Within

Nutrition Facts

Serving Size: 1 Scoop (31g)
Servings Per Container: 20

Amount Per Serving

Calories 80	Calories from Fat 15
	% Daily Value*
Total Fat 1.5g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 5mg	**2%**
Sodium 260mg	**10%**
Potassium 290mg	**6%**
Total Carbohydrate 11g	**4%**
Dietary Fiber 13g	**52%**
Sugars 0g	
Protein 13g	**26%**
Vitamin A 0% •	Vitamin C 0%
Calcium 2% •	Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: BarnDads FiberDX® (Soy Protein Isolate, Oat Fiber, Soy Fiber, Psyllium, Fibersol, Flax Seed, Beet Fiber, Cellulose, Oat Bran Fiber, Lecithin), Whey Protein Concentrate, Soy Protein Isolate, Caseinate, Salt, Natural Strawberry Flavors, Xanthan Gum, Monk Fruit Extract and Stevia.

CONTAINS: SOY PROTEIN & MILK PROTEIN
Store in a cool, dry place.

Mixes Instantly In Water

Directions: Add 1 scoop (31g) of BarnDad's FiberDX® STRAWBERRY CREAM to 8-12 ounces of liquid (water, milk, protein shake or favorite non-carbonated beverage) 15 minutes prior to 1 or 2 meals daily.

SHAKE OR BAKE

One serving of **BFDX™ STRAWBERRY CREAM** delivers 52% of your daily fiber requirement, designed to help suppress hunger and promote healthy **blood glucose & A1C** levels within normal range.

For more information: 855-826-2429
www.barndadnutrition.com

Distributed by: BarnDad Innovative Nutrition, LLC
150 Lake Drive
Suite 101
Wexford, PA 15090

Questions? Call Toll Free: 855.826.2429

8 59031 00317 7