

Key Ingredients for Men to Support:

Healthy Immune System* - Vitamin E

Healthy Eyes* - Vitamin A and Zinc

Energy Metabolism* - Vitamin B6, Biotin, Magnesium, Niacin, Pantothenic Acid, Riboflavin, Thiamin

Healthy Heart* - Vitamins B6, B12, C and Folic Acid

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Compare to ingredients of One A Day® Men's Health Formula*

Men's Health Formula One Daily

Multivitamin/Multimineral Supplement
Supports Heart Health*

60 Capslets



Dietary Supplement



Balanced Multivitamin for Men to Support:

- Immune Health with Vitamin E*
- Heart Health with Vitamins B6, B12, C and Folic Acid*
- Cardiovascular Health with Vitamin C*

20 Nutrients

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as Vitamin A Acetate and 14% as Beta-Carotene)	3,500 IU 70%	Biotin (as D-Biotin)	30 mcg 10%
Vitamin C (as Ascorbic Acid)	60 mg 100%	Pantothenic Acid (as D-Calcium Pantothenate)	5 mg 50%
Vitamin D (as Cholecalciferol)	700 IU 175%	Calcium (as Calcium Carbonate)	210 mg 21%
Vitamin E (as d-Alpha Tocopheryl Acetate)	22.5 IU 75%	Magnesium (as Magnesium Oxide)	120 mg 30%
Vitamin K (as Phylloquinone)	20 mcg 25%	Zinc (as Zinc Oxide)	15 mg 100%
Thiamin (Vitamin B-1 (as Thiamin Mononitrate))	1.2 mg 80%	Selenium (as Sodium Selenate)	110 mcg 157%
Riboflavin (Vitamin B-2)	1.7 mg 100%	Copper (as Cupric Oxide)	2 mg 100%
Niacin (as Niacinamide)	16 mg 80%	Manganese (as Manganese Sulfate)	2 mg 100%
Vitamin B-6 (as Pyridoxine Hydrochloride)	3 mg 150%	Chromium (as Chromium Chloride)	120 mcg 100%
Folic Acid	400 mcg 100%	Potassium (as Potassium Chloride)	100 mg 3%
Vitamin B-12 (as Cyanocobalamin)	18 mcg 300%	LYCOPENE	300 mcg ***

Other ingredients: Cellulose (Plant Origin), Croscarmellose. Contains <2% of: Cellulose Coating, Dicalcium Phosphate, Gelatin, Mannitol, Silica, Starch, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

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Directions: For adult men, take one (1) caplet, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor.

WARNING: This product is intended for use by men and not intended for use by women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN.

STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT.

TAMPER RESISTANT. DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*One A Day® is a registered trademark of Bayer Healthcare LLC. This product is not manufactured or distributed by Bayer Healthcare LLC.

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**100%
Quality
Guaranteed**

If you're not satisfied with this product for any reason, please contact us so we can replace it or give your money back.

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