PERFORMANCE · PERFORMANCE · PERFORMAN PERFORMANCE · PERFORM Suggested Use: 3 tablets taken 1 to 2 times daily, 30 minutes before breakfast with 8 ounces of water and / or 30 minutes before working out with 8 ounces of water, or as directed by a healthcare professional. CAUTION: Do not exceed the recommended dose. This product is not intended for pregnant or nursing mothers or children under the age of 18. Maintain sufficient fluid intake while taking this product. If you have a known medical condition and have questions about the advisability of taking this product, consult your physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy,

Crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not indispace, treat, cure, or prevent any

wheat, egg, peanuts, tree nuts, fish and



Supplement Facts Serving Size 3 Tablets

Serving Size 3 Tablets Servings Per Container: 30

Amount Per Serving

A-AKG (arginine alpha-ketoglutarate) 2985 mg *
OKG (ornithine alpha-ketoglutarate) 75 mg *

A-KIC (arginine ketoisocaproate)

*Daily Value not established.

GKG (glutamine alpha-ketoglutarate)

Other ingredients: Calcium carbonate, vegetable stearic acid, microcrystalline cellulose, aqueous film coating (purified water, hydroxypropyl methylcellulose, vegetableglycerine), vegetable magnesium stearate, croscarmellose sodium and silicon dioxide.

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED
OR MISSING. STORE IN A COOL, DRY PLACE.





75 mg

15 mg