

The Ultimate in Safety & Purity - ALLMAX Pharmaceutical Grade CreaSyn™ Creatine is the ultimate in purity and safety; rigorously held to strict standards that meet or exceed 3rd-Party independent testing for WADA Banned Substances and cGMP guidelines. In addition, our Creatine is micronized to an ultra-fine, free-flowing powder. Most Creatine powders on the market today have particles that are as much as 250% larger!*



- The new standard in Creatine
- Enhanced solubility
- World-Class purity specifications
- Pharmaceutical grade



REGISTERED FACILITY



TESTED



VEGAN



KOSHER
CERTIFIED



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PRODUCT OF USA



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*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SCIENCE • INNOVATION • QUALITY • RESULTS

ALLMAX®

• PROFESSIONAL GRADE SUPPLEMENTS •

CREATINE

PHARMACEUTICAL GRADE

- + IMPROVES PERFORMANCE IN HIGH-INTENSITY STRENGTH TRAINING*
- + INCREASES MUSCLE MASS, STRENGTH AND SIZE*
- + MUSCLE VOLUMIZING EFFECTS*



100 G

DIETARY SUPPLEMENT

Net Wt 3.53 oz (100 g)

Supplement Facts

Serving Size approx. 1 rounded teaspoon (5 g)

Servings Per Container 20

Amount Per Serving	% Daily Value
Creatine Monohydrate 5 g	†

† Daily Value not established.

SUGGESTED USE: Take daily with water or juice upon waking and post-workout, or on non-training days, after a meal. **LOADING PHASE** – 1 rounded tsp. twice daily (total of 10 g/ day) for 5 to 7 days. **MAINTAIN PHASE** – 1 rounded tsp. daily (total of 5 g/ day). **CYCLING PROTOCOL:** 8 weeks on, 2 weeks off. Repeat.

RECOMMENDED USE OR PURPOSE: Aids in improving performance in repetitive bouts of brief, highly-intense physical activity. Aids in increasing muscle mass when used in conjunction with a resistance training regimen.

WARNINGS: Do not use if you are pregnant or breastfeeding, have a medical condition or are taking prescription medications. Consult a healthcare practitioner before use. May result in weight gain. Not intended for use by those under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Produced in a facility that also handles Milk, Soy, Egg, Peanut, Tree Nut, Fish and Shellfish products.