

Suggested Use: Take 2 capsules twice a day, preferably before meals.

Description: Fo-Ti Root (Fleeceflower) has been used for thousands of years as an herb to help promote longevity. Today, it is used to help contribute to the maintenance of healthy hair growth. It helps support cell growth in the scalp. Fo-Ti may also support healthy hair pigmentation. *

Caution: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Store at room temperature.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Nature's Health
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FO-TI

He Shou Wu



560 mg
Dietary Supplement

- + Helps stimulate healthy hair growth *
- + Helps restore pigment to gray hair *

60 Veggie Capsules

Supplement Facts

Serving Size: 2 vegetarian capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Fo-Ti Root	1120 mg	†
† Daily Value not established		

FREE of wheat, gluten, milk, egg, soybeans, fish, shellfish, peanuts, and tree nuts. Contains NO fillers, preservatives, artificial colors, flavors, or sweeteners.



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