

HEALTHY DIGESTION & WELL-BEING*

KEFIRAN™

Kefir Nutrient

+50 Billion[†]

Active Probiotic Cultures per serving

The Best of
Kefir in a
Veggie Capsule

✓ No Dairy ✓ No Gluten
✓ No Lactose ✓ Vegan

60 Veggie Capsules
Dietary Supplement

Kefiran polysaccharide from
Fermented Non-GMO rice

[†] At time of manufacture

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Directions: For best results, take two capsules daily with a light meal.

Supplement Facts

Serving Size: 2 Capsules

Servings per Container: 30

	Amount per Serving	%DV
Kefiran (from fermented Non-GMO rice)	20mg	**
Probiotic Cultures Blend	50 Billion [†]	**
Lactobacillus plantarum 14D		
Lactobacillus rhamnosus SP1		
Lactobacillus casei BGP93		
Lactobacillus acidophilus LA3		
Lactobacillus helveticus SP27		
Lactobacillus rhamnosus CRL1505		
Lactobacillus paracasei 101/37		

** Daily Value (DV) not established. [†] At time of manufacture.

Other Ingredients: Microcrystalline cellulose, Vegetable Capsule (vegetable fiber and water). Store in a dry place at 72° F or below.

Distributed by
LaneInnovative Inc., Vero Beach, FL 32964

Questions? Call 1-800-526-3005

Visit our website: www.kefirhealth.com

*These statements have not been evaluated
by the Food and Drug Administration.
This product is not intended to diagnose,
treat, cure or prevent any disease.

KEFIRAN™

Kefir Nutrient

The best of Kefir in a Veggie Capsule.

KEFIRAN is produced through a simple fermentation process of Non-GMO rice. It has no animal sourced ingredient. KEFIRAN capsules are very small and easy to swallow.



Two capsules contain 20mg of kefir, polysaccharide (the same amount found in a quart of traditional milk kefir) and 50 billion live probiotic cultures from 7 different good strains at the date of manufacture.

To ensure KEFIRAN meets the highest standards of quality, strict controls are applied at every stage of the manufacturing process. KEFIRAN is manufactured in a GMP facility.



Please recycle.

What is Kefir?

Kefir is a fermented milk beverage originating from one of the world's top longevity regions. The word Kefir is derived from the TURKISH word Keif which translates to "feeling good". This fermented beverage is known for promoting healthy digestion and overall well-being*.

What is KEFIRAN™?

KEFIRAN is the best of the traditional kefir drink in a veggie capsule. KEFIRAN contains no dairy, lactose or gluten. KEFIRAN is vegan and low calorie.

During fermentation, the L. kefirifaciens in traditional kefir produces kefir, a polysaccharide that—along with the probiotic cultures—is believed to be the primary source of kefir's health benefits. Two KEFIRAN capsules provide 20mg of kefir, PLUS 50 billion CFU (colony forming units) of active probiotic cultures.

Why take KEFIRAN?

Most of the food in our modern diet is devoid of the healthy bacteria found in many traditional foods. Add KEFIRAN to your daily diet and enjoy the benefits of the traditional fermented beverage for healthy digestion, intestinal health and overall well-being*.

Two KEFIRAN capsules daily provides:

- ✓ 20mg of kefir, the polysaccharide
- ✓ 50 billion live cultures[†]
- ✓ 7 probiotic strains