## ALLMAX CREATINE CAPSULES

The Ultimate in Safety, Purity & Convenience -ALLMAX Creatine is the ultimate in purity and safety; rigorously held to strict standards that meet or exceed 3rd-Party independent testing for cGMP guidelines. Now in a simple, easy-to-take capsule format, the perfect supplement is even easier.\*

The Undisputed King of Creatine - Over 95% of all research ever conducted used Creatine Monohydrate. Other forms of Creatine have come and gone, all trying to make the claim that they have improved the original Creatine. The truth is that very few, if any, scientific studies are even being attempted to try to prove that they enhance performance in any way.\*

Research Reigns Supreme - Creatine Monohydrate is the most heavily researched (more than 300 studies) and time-tested sports nutrition supplement in the world. Creatine has been shown to increase maximal strength and endurance as much as 15% and up to 30% in power output and energy release in short burst/interval sports.\*





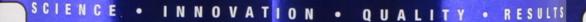


**EVERY LOT** 

are property of their respective owners.







## ALLMAX

## CAPSULES

- IMPROVES PERFORMANCE IN HIGH-INTENSITY STRENGTH TRAINING\*
- INCREASES MUSCLE MASS, STRENGTH AND SIZE\*
- + MUSCLE VOLUMIZING EFFECTS\*



150 CAPSULES

**DIETARY SUPPLEMENT** 

SUGGESTED USE: Take 3 capsules with water or juice upon waking and post-workout, or on non-training days, take 3 capsules after a meal.

## **Supplement Facts**

Serving Size 3 Capsules Servings Per Container 50

**Amount Per Serving** 

% Daily Value

CREATINE MONOHYDRATE

3000 mg

+ Daily Value not established.

Other Ingredients: Gelatin (Bovine), Magnesium Stearate, Silica.

RECOMMENDED USE OR PURPOSE: Aids in improvi performance in repetitive bouts of brief, highly-intense physical activity. Aids in increasing muscle mass when used in conjunction with a resistance training regimen.

WARNINGS: Do not use if you are pregnant 0 breastfeeding, have a medical condition or are taking prescription medications. Consult a healthcare practitioner before use. May result in weight gain. Not intended for use by those under 18. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

ALLERGEN WARNING: Produced in a facility that also handles Milk, Soy, Egg, Tree Nut, Peanut, Fish, Crustacean and Shellfish products.

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WWW.ALLMAXNUTRITION.COM

\* These statements have not been evaluated by the Food Administration. This product is not intended to diagnose, treat property and the contract of the contra