

Suggested Use:

Take 1 capsule 1-2 times daily, with a LARGE meal to avoid upset stomach, or as directed by a physician.

Caution:

Do not exceed recommended dose. Pregnant and nursing mothers, children under the age of 18, and individuals with a known medical condition or who are taking prescription medication should consult a physician before taking this or any dietary supplement.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

TRAACS® is a registered trademark of Albion Laboratories, Inc. TRAACS® mineral chelates are tested in a process covered under US patent 7,144,737.

MADE IN
USA
WITH GLOBAL
INGREDIENTS



MANUFACTURED AT AN
FDA
REGISTERED FACILITY



lifted

N A T U R A L S

MOOD BOOSTING BLEND

60
CAPSULES

✓ Bioavailable Vitamin & Mineral Blend*

✓ Natural Mood & Well-Being Support*

✓ Contains: Magnesium, D3, Vitamin C, K2 & Zinc

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

Amount Per Serving		% DV
Vitamin C (as Ascorbic Acid)	450 mg	500%
Vitamin D3 (from Lichen; 2,000 IU)	50 mcg	250%
Vitamin K2 (as Menaquinone-7)	90 mcg	75%
Magnesium (from 300 mg TRAACS® Bisglycinate Chelate)	54 mg	13%
Zinc (as Sulfate Heptahydrate)	10 mg	91%
Flavonoid Blend	50 mg	**
Citrus Bioflavonoids, Rose Hips (<i>Rosa canina</i>)		

** Daily Value (DV) not established

Other Ingredients: Methylcellulose Capsule.

Distributed By:

lifted N A T U R A L S

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