INDICATIONS: Helps temporarily restore mental alertness or wakefulness when experiencing fatique or drowsiness.*

DIRECTIONS: Take 1 tablet every 3 to 4 hours up to a maximum of 1000 mg (5 tablets) in 24 hours

WARNINGS: For occasional use only. Caffeine is not advisable in cases of high blood pressure or pregnan-cy. Not intended as a substitute for sleep. The recommended dose of this product contains about as much caffeine as a large strong cup of coffee. Limit the amount of caffeine containing medications beverages (coffee, tea, colas) or foods (chocolate) a too much caffeine may cause nervousness, irritabi ty, sleeplessness and occasionally, rapid heart rate Do not use if you are pregnant or nursing. Do not use if the safety seal is missing or broken. Store in a cool dry place and keep out of direct sunlight. KEEP OU OF THE REACH OF CHILDREN. Not for use b individuals under the age of 18 years.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Produced in a facility that also handles Milk, Soy, Wheat, Egg, Peanuts, Tree Nuts, Fish and Shellfish products.









- + RESTORE MENTAL ALERTNESS'
- + ENERGIZE YOUR WORKOUTS'

200 mg



DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 tablet Servings Per Container 100

Amount Per Serving

% Daily Value

Caffeine 200 mg (as Caffeine Anhydrous)

† Daily Value not established

OTHER INGREDIENTS: Dicalcium phosphate, microcrystalline cellulose, vegetable magnesium stearate, croscarmellose sodium.

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.