



TriStart™ One

PRENATAL SUPPLEMENT

One small softgel with DHA, Quatrefolic®, Iron, Vitamin D and B-Complex to support your baby's growth and development.

**Kosher
Vegetarian**

**Dye, Sugar,
Lactose, and
Gluten
FREE**

30 Softgels

Rx Only



TriStart™ One

PRENATAL SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel

Servings per container: 30

Amount Per Serving:		% Daily Value in Pregnancy
Vitamin C (Ascorbic Acid)	50 mg	100%
Vitamin E (D-Alpha-Tocopherol)	1000 IU	200%
Vitamin F (D-Alpha-Eicosapentaenoic Acid)	150 mg	100%
Vitamin B6 (Pyridoxine HCl)	50 mg	1000%
Iron (Ferrous Fumarate)	2 mg	100%
Vitamin B12 (Methylcobalamin)	10 mcg	100%
Folate (as 800 mcg Quatrefolic® (5,6,7,8-tetrahydrofolate), plus 100 mcg folic acid, plus 100 mcg of folic acid)	1 mg	100%
Iron (Chelated Iron)	50 mg	100%
Iodine (Potassium Iodide)	200 mcg	100%
Calcium (Calcium Citrate)	5 mg	1%
Alpha Oil (Squalene, DHA, Omega-3)	210 mg	1%

† Percent Daily Value not established.

Other Ingredients: Vegetable Glycerin, Sunflower Lecithin, Modified Food Starch, Carboxymethyl Cellulose, Sorbitol, Purified Water, and Ammonium Hydroxide.



COMPLIANT
WITH FDA 21 CFR 310.10

INDICATIONS AND USAGE: TriStart™ ONE is a dietary supplement indicated to provide vitamins, minerals and DHA supplementation throughout pregnancy and in the postnatal period.

CONTRAINDICATIONS: TriStart™ ONE should not be used by patients with a known history of hypersensitivity to any of the listed ingredients.

PRECAUTIONS:

General: TriStart™ ONE is not recommended for and should not be given to patients involving investigations because the action of investigations is antagonized by vitamins.

Folic Acid: Administration of Folic Acid alone is improper therapy for pernicious anemia and other megaloblastic anemia in which vitamin B12 is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in the hematologic examination can occur while neurologic manifestations remain progressive.

ADVERSE REACTIONS: Adverse reactions have been reported with specific vitamins and minerals, but generally at levels substantially higher than those contained herein. Iron, even at the usual recommended levels, has been associated with gastrointestinal intolerance in some patients.

Call your doctor for medical advice about side effects. You may report side effects or obtain product information by calling Carwin Pharmaceutical Associates, LLC at 1-800-758-5801.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

DOSE AND ADMINISTRATION: Take one (1) softgel daily, or as directed by a healthcare practitioner.

HOW SUPPLIED: TriStart™ ONE is available as an oral, smooth softgel capsule with an etched imprint "ONE". Supplied in a carton unit dose pack of 30 (30 mg) resistant blister cards of 10 softgels each. 15370-260-30 and a professional sample 15370-260-03.

Store at 20°-25° (68°-77°), excursions permitted to 15°-30° (59°-86°) [See USP Controlled Room Temperature]. Protect from light, moisture and heat.

Vegetarian capsules.

Made with Vitexin™ - a plant-derived Vegan D3 made from Lichen Extract.

ONE'S DHA is a vegetarian source of Docosahexaenoic Acid (DHA).

KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.

TAMPER EVIDENT: Do not use if seal is broken or missing.

Rx Only

Quatrefolic is a registered trademark of Carwin, Inc. Covered by one or more claims of U.S. Patent # 7,947,992 (2006-11-09) and 7,947,993 (2006-11-09).

Manufactured by:



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