



- ✓ Non GMO
- ✓ Raw, Vegan
- ✓ Grain/Soy/Dairy-Free
- ✓ Freeze-Dried
- ✓ No Added Sugar
- ✓ No Fillers
- ✓ US Grown
- ✓ Sustainable

Eclectic's POWders (Plant Originated Wellness)
Simply whole, fresh freeze-dried plants.

We Start and End with Whole Herbs – From farm to bottle, we use naturopathic wisdom and innovative processes to create exceptional products. We organically grow or sustainably wildcraft herbs that are harvested at peak potency, and then freeze-dried in-house. Freeze-drying naturally concentrates by removing only the water, leaving the plants' nutrients in the same balance as found in nature.

Whole Food Nutrition – Micronized for easy assimilation, and containing all the natural goodness of the whole plant. No washing, no chopping, no cleaning required – just add to water, juice, or food.

2 tsp of freeze-dried powder = 14 tsp of fresh herbs/food

1 Fill container with 8 oz water/juice



2 Add 2 tbs of powder, shake well



3 Drink and enjoy



Can also be added to smoothies, dips, yogurt or other foods.
Drink extra water while consuming this product.

Supports Joint Health†

eclectic
INSTITUTE - Since 1982

RAW Fresh Freeze-Dried
**BERRY
TART CHERRY**
Whole Food POWder



144 g (5.1 oz) • Dietary Supplement

Concentrated **7x** through Freeze-Drying



Supplement Facts

16 servings per container
Serving Size 2 Tbs (9g)

Amount per serving

Calories 35

	% Daily Value*
Sodium 2mg	0%
Total Carbohydrate 7g	3%
Dietary Fiber 1g	5%
Total Sugars 5g	
Includes 0 g Added Sugars	9%
Protein <1g	2%
Calcium 13mg	1%
Iron 1mg	7%
Potassium 155mg	3%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Raw, freeze-dried: tart cherry fruit (*Prunus cerasus*) 4410 mg, blackberry fruit (*Rubus fruticosus*) 3960 mg, stinging nettle leaf (*Urtica dioica*) 630 mg.

100% Kosher. This product is best stored tightly capped in the refrigerator after opening. **Keep out of reach of children.** Consult your health care advisor regarding the use of this product during pregnancy, with infants, or with prescription drugs.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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