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WF-MEN-120-U-2004

Suggested Use: Take 4 capsules daily. For best results, take 2 capsules with breakfast and 2 capsules with dinner. Capsules may be opened and powder added to your food or drink.

Does NOT contain GMOs, soy, gluten, milk, eggs, fish, shellfish, tree nuts, peanuts, or preservatives. Suitable for vegans and vegetarians.

Caution: Keep out of reach of children. As with any dietary supplement, consult your healthcare practitioner before using this product. Store in a cool, dry place. Do not use if safety seal under the lid is broken or missing.

Aquamin® is a registered trademark of Marigot Limited. TRAACS® is a registered trademark of Albion International, Inc.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by:
NATURELO Premium Supplements
Seattle, WA 98104, USA
1800.560.8550
www.naturelo.com



NO GMOs



NO SOY



NO GLUTEN



VEGAN FRIENDLY

NO COLORING,
PRESERVATIVES
OR FLAVORING



NATURELO®

PREMIUM SUPPLEMENTS

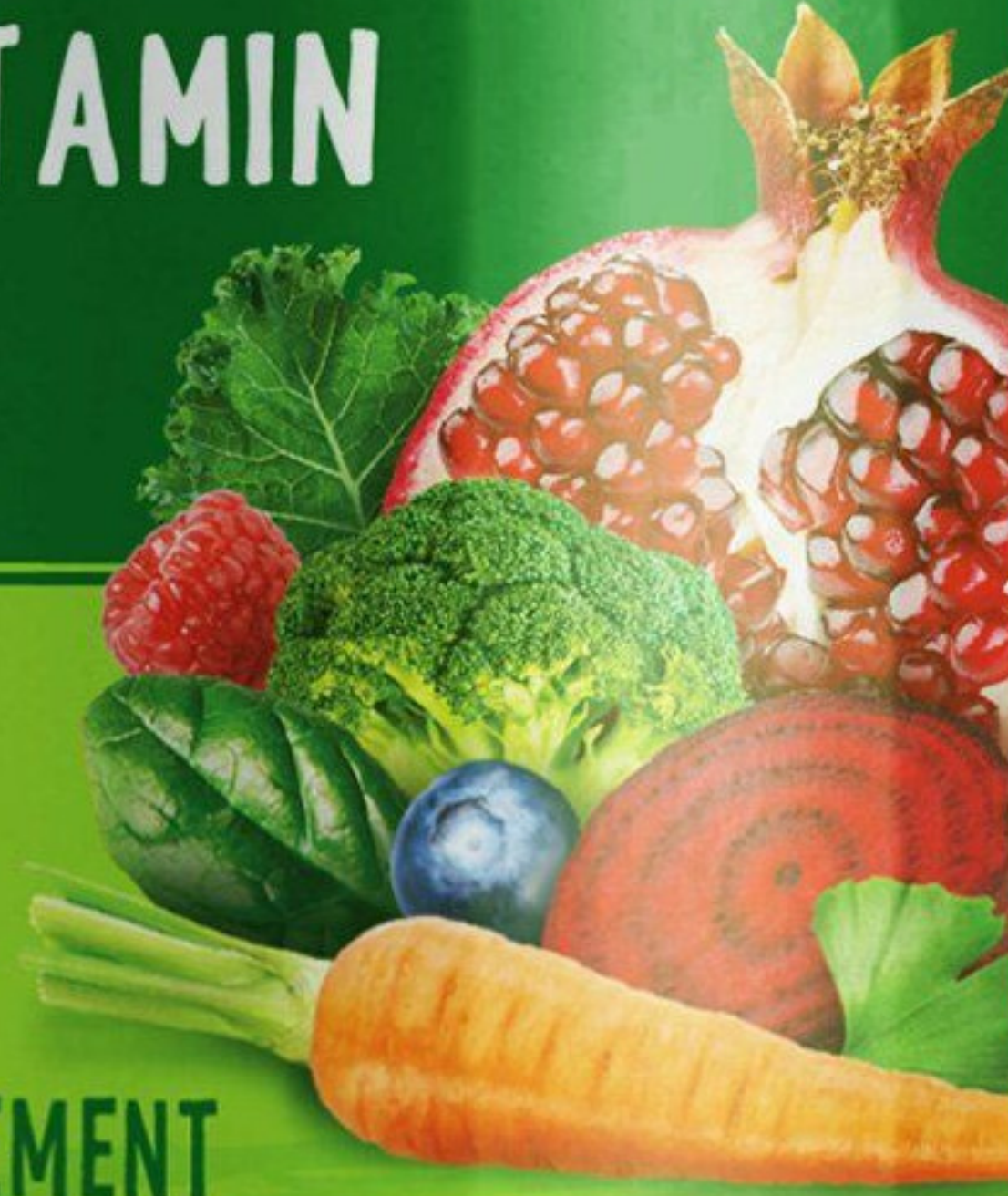
WHOLE FOOD MULTIVITAMIN

FOR MEN

120
VEGETARIAN
CAPSULES

DIETARY SUPPLEMENT

FORMULATED TO SUPPORT
ENERGY, IMMUNE, & HEART HEALTH*



Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

Amount Per Serving		%DV
Vitamin A (as Natural Beta Carotene from <i>Blakeslea Trispora</i>)	1000 mcg RAE	111%
Vitamin C (from L-Ascorbate and Organic Acerola Cherry Extract)	180 mg	200%
Vitamin D3 (as Plant-based Cholecalciferol from Wild-harvested Lichen)	25 mcg (1,000 IU)	125%
Vitamin E (from d-Alpha Tocopheryl from Sunflower)	22 mg alpha tocopherol	147%
Vitamin K2 (as Menaquinone MK-7)	120 mcg	100%
Vitamin B1 (from Thiamine HCl)	3 mg	250%
Vitamin B2 (Riboflavin)	3 mg	231%
Vitamin B3 (as Niacinamide)	20 mg NE	125%
Vitamin B6 (from Pyridoxal-5-Phosphate)	4 mg	235%
Folate (as Active L-5-Methylfolate)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	6 mcg	250%
Biotin (as D-Biotin)	150 mcg	500%
Vitamin B5 (from d-Calcium Pantothenate)	9 mg	180%
Calcium (from Dicalcium Phosphate and Aquamin® from Marine Algae)	190 mg	15%
Phosphorous (from Dicalcium Phosphate)	125 mg	10%
Iodine (from Wild, Hand-harvested Kelp)	150 mcg	100%
Magnesium (as Aquamin® Magnesium from Marine Algae)	300 mg	71%
Zinc (from Zinc Amino Acid Chelate)	11 mg	100%
Selenium (from Selenium Glycinate Complex)(TRAACS®)	55 mcg	100%
Copper (as Copper Aminoimin)	0.9 mg	100%
Manganese (as Manganese Sulfate)	2.3 mg	100%
Chromium (from Chromium Piccolinate)	35 mcg	100%
Molybdenum (as Molybdenum Krebs Complex)	45 mcg	100%
Potassium (from Potassium Chloride)	75 mg	2%

Amount Per Serving	%DV
Organic Fruit & Vegetable Blend	200 mg **
Organic Beet (Root), Organic Carrot (Root), Organic Black Currant (Leaves), Organic Blueberry (Berry), Organic Broccoli (Stem & Floret), Organic Cranberry Extract (Fruit), Organic Kale (Whole Plant), Organic Pomegranate (Whole Fruit Juice), Organic Raspberry (Berry), Organic Spinach (Leaf & Stalk)	
Digestive Enzyme & Probiotic Blend	120 mg **
Protease (to break down protein), Amylase (to break down carbs), Lipase (to break down fats), <i>B. breve</i> , <i>L. reuteri</i>	
Energy Blend*	100 mg **
Organic Maca (Root), Organic Decaf Green Tea (Leaf), Organic Panax Ginseng Extract (Dried Root), Co-Enzyme Q10 (Ubidecarenone)	
Brain Health Blend*	60 mg **
Organic <i>Ginkgo biloba</i> (Leaf), Organic Ginger (Root), Inositol, Boron (from Boron Citrate)	
Heart Health Blend*	50 mg **
Organic Turmeric (Root), Organic Ceylon Cinnamon (Bark), Organic Grape Extract (Seed), Organic Resveratrol (from Knotweed)(Root)	
Eye Health Blend*	15 mg **
Rutin (from <i>Sophora japonica</i>)(Bud), Lycopene, Lutein (from Marigold flowers), Zeaxanthin (from Marigold flowers)	

** Daily Value (DV) not established.

Best Before: See date on bottom