

MARLEX
PHARMACEUTICALS, INC.

Fiber Powder

Orange Flavor

Dietary Supplement

Made with 100% Psyllium Fiber
Smooth Texture
Helps Lower Cholesterol to
Promote Heart Health

Supplement Facts

Serving Size 1 rounded Tbsp. (12 g)
Servings Per Container 30

Amount Per Serving	% Daily Value*
Calories 45	
Total Carbohydrate 12 g	4%
Dietary Fiber 2 g	11%
Soluble Fiber 2 g	†
Total Sugars 8 g	†
Includes 8 g Added Sugars	16%*
Iron 0.7 mg	4%*
Sodium 5 mg	<1%*
Potassium 35 mg	<1%*

*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Ingredients: Sucrose, Psyllium Husk, Citric Acid, Natural and Artificial Orange Flavor, Silicon Dioxide, FD&C Yellow #6.

Diets low in saturated fat and cholesterol that include 7 grams of soluble fiber per day from psyllium seed husk, may reduce the risk of heart disease by lowering cholesterol levels. One serving provides 2.4 grams of this soluble fiber. Consult a doctor if you are considering the use of the product as part of a cholesterol-lowering program.

Manufactured for
and Distributed by:
Marlex Pharmaceuticals, Inc.
New Castle, DE 19720

Rev. 10/20 GP



N
3

10135-071492-6

Directions: AGE	DOSAGE
Adults 12 years & over 1	1 rounded tablespoon (Tbsp = tablespoon), 3 times daily.
Children under 12 years	Consult a doctor. Put one serving into an empty glass and fill glass with 8 oz of water. Stir briskly and drink promptly. If mixture thickens add more water and stir. Take up to 3 times daily.
New Users	Start with 1 serving per day; gradually increase up to 3 servings per day as necessary. You may initially experience changes in bowel habits or minor bloating, as your body adjusts to increased fiber intake.

NOTICE: Mix this product with at least 8 oz (a full glass) of liquid. Taking this product without enough liquid may cause choking. Do not take if you have difficulty swallowing.

Allergy alert: May cause allergic reaction in people sensitive to ingested or inhaled psyllium. Ask a doctor before use if you have abdominal pain, nausea or vomiting or experience a sudden change in bowel habits persisting for 2 weeks. Stop use and ask a doctor if constipation lasts more than 7 days or rectal bleeding occurs. These may be signs of a serious condition. Bulk-forming fibers like psyllium husk may affect how well other medicines work. If you are taking a prescription medicine by mouth, take this product at least 2 hours before or 2 hours after the prescribed medicine.

Keep out of reach of children.

Do not use if printed seal under cap is missing or broken.

Store at 20°C - 25°C (68°F - 77°F)

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov/food.

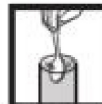
Directions
for use:



1. Place the serving listed in directions into an empty glass.



2. Fill glass with at least 8 ounces of water.



3. Stir briskly. If small clumps appear you may continue to mix well and drink promptly.

GLUTEN FREE (<10ppm)

30
TABLESPOON
SERVINGS

NET Wt. 13 oz (368 g)
Fill controlled by weight, not volume.