NDC 69168-745-80

## High Absorption Magnesium 240 mg Per Serving

SUPPORTS BONE, MUSCLE, NERVE & HEART HEALTH. CRITICAL FOR ENZYME FUNCTION

For sensitive individuals, supports cardiometabolic, neurocognitive and musculoskeletal health\*



DIETARY SUPPLEMENT

180 Capsulo

**Directions:** Take 2 capsules daily or as directed by your healthcare practitioner.

## **Supplement Facts**

Serving Size: 2 Capsules Servings Per Container: 90

> Amount Per % Daily Serving Value

Magnesium 240 mg (as magnesium glycinate chelate)

Other Ingredients: Gelatin, rice flour, magnesium stearate, silica.

**Storage:** Store at 15-30°C (59-86°F). Protect from heat, light and moisture.

Warning: Keep out of reach of children.

DO NOT USE IF SEAL IS BROKEN

## Take care of your whole body

Magnesium is essential for supporting bone health, and plays an important role in maintaining bone mineralization.\*

As a component in over 200 enzymes in the body, Magnesium is involved in muscle contractions, nerve impulses, energy metabolism and protein formation.\*

100% chelated Magnesium is more easily absorbed by the body than Magnesium Oxide which assures maximum health benefits.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



