

Initial (First Serving) Instructions:

To assess your individual tolerance to the supplement, combine 1/2 scoop of **Green MAGnitude™** with 3-4 oz. of cold water and consume it before or after your workout. Shake well before drinking.

Directions for Usage:

Combine 1 scoop of **Green MAGnitude™** with 6-8 oz of water for a sweet/tart taste or 12-20 oz of water for a more mild taste. Consume the entire shake pre-workout or half pre-workout and half post-workout. Shake well before drinking. For best results, **Green MAGnitude™** should be used in combination with other Controlled Labs products, at least 1-2 gallons of water per day, a high protein/moderate carbohydrate diet. For more details on optimizing your results, please see www.ControlledLabs.com.

Warnings:

You should not take this product if you have any prior medical condition, including diabetes or high blood pressure. Do not use this product within 3-4 hours of taking yohimbe. Consult your doctor before using this product. Do not take this product with MAOI drugs.

Keep out of the reach of children. Do not purchase if safety seal is broken.



These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by:

Controlled Labs Englewood, NJ

www.ControlledLabs.com



Green MAGnitude™

CREATINE MATRIX VOLUMIZER

Dietary Supplement



Sour Green Apple Flavor

0.92 lb (418 Grams)

Supplement Facts

Serving Size: 1 Scoop (10.4 grams) (14.7cc Scooper)

Servings Per Container: 40

	Amount Per Serving	%DV*
Calories	0	
Calories from Fat	0	
Green Creatine Matrix™	5,000 mg	**
2CM™ Dicalcium Malate and Magnesium Creatine Chelate (MCC)		
Betaine Anhydrous	2,000 mg	**
L-Taurine	2,000 mg	**
L-Tyrosine	500 mg	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet

** Daily Value not established.

Other Ingredients: Natural and Artificial Flavors and Colors, Malic Acid, Acesulfame Potassium, Silicon Dioxide and Sucralose.

Magnesium Creatine Chelate is patented by Albion Labs.