

DESCRIPTION: Dothelle DHA is a prescription prenatal vitamin-mineral preparation containing omega-3 fatty acid supplements. The Dothelle DHA capsule is an oval, blue soft gelatin capsule, and is imprinted with "M121".

RECOMMENDED USE: Adults (persons over 12 years of age), One (1) capsule daily, between meals, or as prescribed by physician. Do not exceed recommended dosage. Do not administer to children under the age of 12.

STORAGE: Store at 20°-25°C (68°-77°F), excursions permitted to 15°-30°C (59°-86°F) [See USP controlled room temperature].

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

Call your doctor about side effects. You may report side effects by calling 877-250-3427.

KEEP OUT OF REACH OF CHILDREN.

Manufactured For: Method Pharmaceuticals, LLC
Arlington, TX 76006

Rev. 08/15



58657-121-30

Dothelle DHA Softgels

with Ascorbic Acid Precursors
PRENATAL MULTIVITAMIN SUPPLEMENT

Rx
30 Capsules

Supplement Facts

Servings per Bottle: 30

Serving Size: 1 Capsule Each Capsule contains	%DV for Pregnant and Lactating Women	
Ferrous Fumarate (anhydrous) (Equiv. to about 17.5 mg of Elemental Iron)	53.5 mg	
Polysaccharide Iron Complex (Equiv. to about 17.5 mg of Elemental Iron)	38 mg	194%†
Vitamin C*	25 mg	42%
Folic Acid	1 mg	125%
Vitamin B ₁ (thiamine mononitrate)	2 mg	118%
Vitamin B ₂ (riboflavin)	3 mg	150%
Vitamin B ₃	1.8 mg	9%
Vitamin B ₅ (d-calcium pantothenate)	5 mg	50%
Vitamin B ₆ (pyridoxine HCl)	25 mg	1000%
Vitamin B ₇ (biotin)	300 mcg	100%
Vitamin B ₁₂ (cyanocobalamin)	12.5 mcg	156%
Copper (as copper sulfate)	2 mg	100%
Magnesium (as magnesium sulfate)	5 mg	1%
Zinc (as zinc sulfate)	10 mg	67%
Omega-3 Fatty acids†	200 mg	‡
DHA (docosahexaenoic acid)	156 mg	‡
EPA (eicosapentaenoic acid)	39 mg	‡

* Also containing Ascorbic Acid Precursors as (1) Acid Metabolites including niacinamide ascorbate, calcium ascorbate, magnesium ascorbate, potassium ascorbate and sodium ascorbate (2) Basic Amino Acids including lysine acetate; (3) Flavonoids including hesperidin; and (4) Glutathione.
† Total Iron: Ferrous Fumarate + Polysaccharide Iron Complex.

‡ At least 200 mg Omega-3 Fatty Acids derived from 310 mg fish oil. ‡ Daily value not established.

