

**DIRECTIONS:** One or two capsules one hour before bedtime, or more, as directed by a health care professional.

*Sold only for dispensing by a licensed health care professional.*

TAMPER EVIDENT BAND AROUND CAP AND SEAL ON BOTTLE. DO NOT USE IF EITHER SEAL IS BROKEN OR MISSING. KEEP OUT OF REACH OF CHILDREN.

**Warning:** If you are pregnant, breastfeeding, or are taking medications such as SSRI's or MAOI's consult your health care professional before using this product. May cause drowsiness.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Progressive Laboratories manufactured this product in its 3rd party GMP-inspected facility. (Good Manufacturing Practices)  
Rev. L1819    Reorder No. 1017



# PROGRESSIVE PROFESSIONAL®

From Progressive Laboratories

## TWILIGHT TIME™

Mood and Sleep Support†

DIETARY SUPPLEMENT

60 CAPSULES

## Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxal-5'-phosphate)	40 mg 2000%
L-Tryptophan	500 mg *
Lemon Balm (whole plant) 4:1 Purified Extract	300 mg *
L-Theanine	200 mg *
Hops (flower) 4:1 Purified Extract	120 mg *
Melatonin	5 mg *

\*Daily Value not established.

Other ingredients: gelatin (capsule), silica.

Manufactured by  
**PROGRESSIVE LABORATORIES, INC.**  
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