

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

For More Information:
1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



GNC

Folic Acid

1000 MCG

Supports healthy fetal development*
Required for proper red blood
cell formation*

DIETARY SUPPLEMENT
100 VEGETARIAN TABLETS

CODE 253412

JNG

Directions: As a dietary supplement, take one tablet daily.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value for adults and children 4 or more years of age	% Daily Value for pregnant and lactating women
Folic Acid 1000 mcg	250%	125%

Other Ingredients: Dicalcium Phosphate.

Adequate folate in a healthy diet may reduce a woman's risk of having a child with a brain or spinal cord defect. Folate intake should not exceed 250% of the DV (1,000 mcg).

No Sugar, No Starch, No Artificial Colors,
No Artificial Flavors, No Preservatives, Sodium
Free, No Wheat, No Gluten, No Corn, No Soy,
No Dairy, Yeast Free.

* These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: