*These statements have not beer evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For More Information: 1-888-462-2548

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General Nutrition Corporation Pittsburgh, PA 15222



GNC | WELLbeing

be-BEAUTIFUL"

HAIR - SKIN - NAILS
dietary supplement for women

Supports healthy hair*
Promotes skin hydration*
Provides amino acids for strong nails*

60 GREAT-TASTING CAPLETS

CODE 663422 FNG
Directions: As a dietary supplement, take one caplet daily with food.

Amount Per Serving	% Daily	
Biotin	6000 mcg	
L-Cysteine	200 mg	
MSM (Methylsulfonyl-methane)	100 mg	
Hydrolyzed Gelatin	100 mg	
L-Methionine	50 mg	
alpha-Lipoic Acid	10 mg	
DMAE (Dimethylaminoethanol)	10 mg	
Green Tea Leaf Extract (Camellia sinensis)	10 mg	
Hydrolyzed Collagen	5 mg	
Horsetail Rush Stems (Equisetum arvense) 3 mg	
Boron (as Boron Citrate)	1 mg	

* Daily Value not established.

Other Ingredients: Cellulose, Mica, Titanium Dioxide (Natural Mint Elever

Mineral Whitener), Vegetable Acetoglycerides, Natural Mint Flavor, Sucralose, Annatto Color, Carmine Color.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.