

DO NOT USE
IF PRINTED
SEAL
UNDER CAP
IS BROKEN
OR MISSING

5-2186
RD 11235



Quality Guaranteed

SAFEMAY  care

Glucosamine Chondroitin Complex

Advanced
1500 mg MSM per serving

JOINT HEALTH**

COMPARE TO
Move Free®
Advanced
ingredients***

120 COATED TABLETS

DIETARY SUPPLEMENT

**This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size Three (3) Tablets
Servings Per Container 40

Amount Per Serving	% Daily Value
Calories 15	
Total Carbohydrate 4 g	1%*
Sodium 25 mg	1%
Glucosamine Hydrochloride 1.5 g (1500 mg)	†
MSM (methylsulfonylmethane) 1.5 g (1500 mg)	†
Chondroitin Sulfate Sodium 200 mg	†
Antioxidant Proprietary Extract 250 mg	†
Chinese Skullcap (root) (<i>Scutellaria baicalensis</i>)	
Black Catchu (wood) (<i>Acacia catechu</i>)	
Hyaluronic Acid 3.3 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

OTHER INGREDIENTS: Microcrystalline Cellulose, Hypromellose, Croscarmellose Sodium, Crospovidone, Titanium Dioxide, Magnesium Stearate, Silicon Dioxide, Polyethylene Glycol, Polysorbate 80. **CONTAINS: SHRIMP, CRAB, CRAYFISH**

DISTRIBUTED BY SAFEMAY INC., P.O. BOX 99
PLEASANTON, CA 94566-0099
1-888-SAFEMAY (1-888-723-3828) / www.safeway.com

Directions: Adults, take three (3) tablets together with a meal once a day. If taking other dietary supplements, it is best to take this product at a different time of day than those supplements. As a reminder, discuss the supplements and medications you take with your healthcare provider.

CAUTION: If you are pregnant or nursing, or if you take any medication (including OTC medication), or if you have ANY MEDICAL CONDITION or are planning any medical procedure, consult your doctor before use. **Avoid this product if you have allergies to shellfish or sulfur.** Discontinue use and consult your doctor if any adverse reactions occur. **NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.**

Keep out of reach of children.
Store in a cool, dry place, tightly closed.

Hyaluronic Acid
A natural component of body tissue and joints
Glucosamine & Chondroitin
Help rebuild cartilage and lubricate joints**

Methylsulfonylmethane (MSM)
Provides sulfur which is important for the structural integrity of joint cartilage and connective tissue.**

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***This product is not manufactured by Schiff Nutrition Group, Inc., distributor of Move Free® Advanced.

Gluten Free

OUR PROMISE

QUALITY & SATISFACTION
100% GUARANTEED
OR YOUR MONEY BACK.