

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 3655 B52 04D

RD 12017

Quality Guaranteed

SAFeway  [®]

care

Vitamin B-50

Balanced B-Complex

ENERGY METABOLISM*



50 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	%Daily Value
Thiamin (Vitamin B-1)	50 mg 3,333%
Riboflavin (Vitamin B-2)	50 mg 2,941%
Niacin	50 mg 250%
Vitamin B-6	50 mg 2,500%
Folic Acid	100 mcg 25%
Vitamin B-12	50 mcg 833%
Biotin	50 mcg 17%
Pantothenic Acid	50 mg 500%

INGREDIENTS: Calcium Carbonate, Cellulose (Plant Origin), Thiamin Mononitrate, d-Calcium Pantothenate, Pyridoxine Hydrochloride, Riboflavin, Nicotinamide, Croscarmellose Sodium, Sodium Starch Glycolate, Maltodextrin, Acacia, Tricalcium Phosphate, Polyethylene Glycol, Dicalcium Phosphate, Resin, Silica, Magnesium Stearate, Hypromellose, Corn Starch, Brewer's Yeast, Rice Bran, Alfalfa Powder, Watercress Powder, Parsley Powder, Soy Lecithin, PABA (Para-Aminobenzoic Acid), Folic Acid, Cyanocobalamin, d-Biotin.

Contains wheat and soy ingredients.

No Milk or Milk Derivatives, No Lactose, No Preservatives, No Artificial Color, No Artificial Flavor.

DISTRIBUTED BY: SAFEWAY, INC.
P.O. BOX 99
PLEASANTON, CA 94566-0009
1-888-SAFEWAY/www.safeway.com

QUALITY & SATISFACTION GUARANTEED OR YOUR MONEY BACK

SUGGESTED USE: Take one (1) tablet daily, preferably with a meal or as directed by a healthcare practitioner.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to yeast. Discontinue use and consult your doctor if any adverse reactions occur.

DO NOT USE IF INNER SEAL IS BROKEN OR MISSING.

KEEP OUT OF THE REACH OF CHILDREN.

STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED.

B Vitamins work together to help convert food into energy and to support a healthy nervous system.*

POTENCY GUARANTEED THROUGH (MONTH & YEAR):