

# Physician Formulated

## Supplement Facts

Serving Size: 1 Scoop

Servings Per Container: 60

### Amount Per Serving

|                      |      |
|----------------------|------|
| Calories             | 100  |
| Calories From Fat    | 100  |
| Total Fat            | 14 g |
| Saturated Fat        | 14 g |
| Trans Fat            | 0 g  |
| Polyunsaturated Fat  | 0 g  |
| Monounsaturated Fat  | 0 g  |
| Typically Providing: |      |
| Caprylic Acid        | 8 g  |
| Capric Acid          | 6 g  |

**Ingredients:** 100% USP (United States Pharmacopeia) Verified MCT Oil.

**SUGGESTED USE:** Take 1-2 tablespoons (15-30 ml) one to two times daily or as directed by your healthcare practitioner.

**REFRIGERATE OR STORE IN A COOL, DRY PLACE.**

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Taylor MD**  
Formulations

**MCT Oil Rx™**

**NET WT 16.8 oz. / 476.27g**

Dietary Supplement

Medium-chain triglycerides (MCT) are short and medium length chain fatty acids which are more easily absorbed and digested by the body than other fats. MCT are found in coconut oil and palm oil. MCT oil increases energy expenditure and provides an energy boost without increasing body fat while decreasing fat storage. MCT oil helps balance blood sugar levels and promotes healthy hormone function by boosting the metabolism. MCT oil burns fat quickly and is not stored by the body. MCT do not cause weight gain because they stimulate thermogenesis, a process in which the body generates energy, or heat, by increasing its normal metabolic, fat-burning rate. Studies suggest that substituting MCT Oil for other fats may help support healthy weight and body composition. MCT oil helps maintain heart, immunity and gastrointestinal system health. MCT oil may improve appetite control and absorption of calcium, magnesium and amino acids. MCT oil may improve brain health when combined with a ketogenic diet. MCT oil do not supply essential fatty acids (EFA) and the best sources for these are safflower oil, canola oil or olive oil or fish.

**Manufactured Directly For:**



**Taylor MD**  
Formulations

Atlanta, GA 30328  
(678) 443-4099

[TaylorMDFormulations.com](http://TaylorMDFormulations.com)

