

Free Premium Bioavailable Forms of Magnesium*

Magnesium is an essential electrolyte mineral involved in supporting proper cardiovascular, nerve, and muscle function. The primary function of magnesium is to activate enzymes. More than half of the body's magnesium is stored in the bones, 27% in muscle, and the remainder in soft body tissues, cells and fluids. Magnesium is also critical in energy production.†

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, or shellfish or fish.

Store in a cool, dry place.

We Guarantee Our Supplements for Potency and Purity
To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Woodstock
— VITAMINS —

Mega Magnesium®

SUPPORTS OPTIMAL MUSCLE,
NERVE, AND BONE HEALTH†



DIETARY SUPPLEMENT
90 Vegan Capsules

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving		% Daily Value
Magnesium (from amino acid chelate, citrate and malate)	400 mg	95%
Malic acid	222 mg	*

* Daily Value not established

Other Ingredients: Vegan capsule, silica, magnesium stearate (vegetable source).

Distributed by: Village Vitality LLC
Woodstock, NY 12498
woodstockvitamins.com

SUGGESTED USE: Take three capsules daily, preferably with meals, in divided doses, or as directed by your healthcare practitioner.

KEEP OUT OF REACH OF CHILDREN.

WL 610-900

