

Advanced Formula Complete

Multivitamin/Multimineral Supplement

Over 20 RDI Nutrients 400 IU Vitamin D3





Dietary Supplement

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily	Value	Amount Per Serving	%Daily	Value
Vitamin A	3,500 IU	70%	Iodine (as Potassium Iodide)	150 mcg	100%
(as Vitamin A Acetate and 29% as Beta-Carotene)		Magnesium (as Magnesium Oxide)	50 mg	13%	
Vitamin C (as Ascorbic Acid)	60 mg	100%	Zinc (as Zinc Oxide)	11 mg	73%
Vitamin D (as D3 Cholecalciferol)	400 IU	100%	Selenium (as Sodium Selenate)	55 mcg	79%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	30 IU	100%	Copper (as Cupric Sulfate)	0.5 mg	25%
Vitamin K (as Phytonadione)	25 mcg	31%	Manganese (as Manganese Sulfate)	2.3 mg	115%
Thiamin (Vitamin B-1) (as Thiamin Mononitra	ite) 1.5 mg	100%	Chromium (as Chromium Picolinate)	35 mcg	29%
Riboflavin (Vitamin B-2)	1.7 mg	100%	Molybdenum (as Sodium Molybdate)	45 mca	60%
Niacin (as Niacinamide)	20 mg	100%	Chloride (as Potassium Chloride)	72 mg	2%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%	Potassium (as Potassium Chloride)	80 mg	2%
Folic Acid	400 mcg	100%	Totassium (as Fotassium Chloride)	oo mg	2 /0
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%	Boron (as Boric Acid)	75 mcg	*
Biotin (as d-Biotin)	30 mcg	10%	Nickel (as Nickelous Sulfate)	5 mcg	*
Pantothenic Acid (as Calcium Pantothenate)	10 mg	100%	Silicon (as Silicon Dioxide)	2 mg	*
Calcium	200 mg	20%	Tin (as Stannous Chloride)	10 mcg	*
(as Calcium Carbonate and Dicalcium Phosphate)		Vanadium (as Sodium Metavanadate)	10 mcg	*	
Iron (as Ferrous Fumarate)	18 mg	100%		. 5 mag	
Phosphorus (as Dicalcium Phosphate)	20 mg	2%	*Daily Value not established.		

Other Ingredients: Cellulose (Plant Origin), Gelatin. Contains <2% of: Cellulose Coating, Croscarmellose, Crospovidone, FD&C Yellow #6 Lake, Maltodextrin, Starch, Titanium Dioxide Color, Vegetable Magnesium Stearate.

Prod. No. 30277 A0338

Directions: For adults, take one (1) caplet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers. No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, artificial flavor.

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WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

WARNING: Accidental overdose of ironcontaining products is a leading cause of fatal poisoning in children under six. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or Poison Control Center immediately.

DISTRIBUTED BY DOLGENCORP, LLC 100 MISSION RIDGE GOODLETTSVILLE, TN 37072 USA Questions or comments? 1-888-309-9030



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