

### Gentle on the Stomach Magnesium Glycinate†

Magnesium is an essential nutrient required for muscle and brain activities, nerve function, and bone health.† It is also critical for energy production in the body. Sixty percent of the body's magnesium is stored in the bones, and over 25% is stored in muscle. Dietary surveys show that many people are susceptible to magnesium deficiency. Our **Magnesium Glycinate 400 mg** is a superior form of this essential nutrient.

**CONTAINS NO** artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

Store in a cool, dry place.

We Guarantee Our Supplements for Potency and Purity  
To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.  
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



**Woodstock**  
— VITAMINS —

# Magnesium Glycinate 400 mg

PER 3 CAPSULES

PROMOTES MUSCLE, NERVE, BONE AND HEART HEALTH†

**DIETARY SUPPLEMENT**  
**90 Vegan Capsules**



## Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 30

Amount Per Serving	% Daily Value	
Magnesium (as glycinate)	400 mg	95%

Other ingredients: Vegetable capsule (cellulose), cellulose, calcium stearate (vegetable source), silica.

Distributed by: Village Vitality LLC  
Woodstock, NY 12498  
woodstockvitamins.com

**SUGGESTED USE:** Take 3 capsules daily with food, or as directed by a health care professional.

KEEP OUT OF REACH OF CHILDREN.

VVL 693-900

