

**SUGGESTED USE:** Take one softgel with food up to four times daily.

**Plant Source of Omega-3 Fatty Acids for Optimal Health†**

**Evening Primrose Oil (EPO)** provides a natural source of important essential fatty acids. Essential fat supplements can help offset the high consumption of saturated and trans fatty acids crowding our food supply.† The nutrients found in EPO play a major role in heart, skin, joint, nerve and overall health.† Our 1,300 mg EPO product provides a higher dosage formula for those looking to decrease the number of softgels taken per day of a lower dosage EPO product for therapeutic use.

Typical Fatty Acid composition: (Each serving may typically provide the following naturally occurring nutrients**)	
Gamma-Linolenic Acid (GLA)	130 mg
Linoleic Acid	884 mg
Oleic Acid	65 mg

\*\* Typical analysis due to seasonal variations.

**CONTAINS NO** artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

Store in a cool dry place.

**We Guarantee Our Supplements for Potency and Purity**  
To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



**Woodstock**  
— VITAMINS —

COLD-PRESSED AND HEXANE-FREE

**Evening  
Primrose Oil**  
1,300 mg



**DIETARY SUPPLEMENT**  
**180 Softgels**

## Supplement Facts

Serving Size 1 Softgel  
Servings Per Container 180

Amount Per Serving	% Daily Value	
Total Calories	15	
Total Fat	1.5 g	2%*
Evening Primrose Oil	1.3 g	**

\* Percent Daily Values are based on 2,000 calorie diet.  
\*\* Daily Value not established.

Other ingredients: Capsule (gelatin), glycerin, purified water.

Distributed by: Village Vitality LLC  
Woodstock, NY 12498  
woodstockvitamins.com



KEEP OUT OF REACH OF CHILDREN.

VVL 127-180K