



# MULTI-VITA-MIN

with **Beta Carotene** •  
**Lutein** • **Lycopene**

Compare to **Centrum**® with Lutein & Lycopene‡



Non-GMO



Gluten Free

DIETARY SUPPLEMENT

**30 TABLETS**

## Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	%DV	Amount Per Serving	%DV		
Vitamin A (60% as acetate & 40% as beta carotene) .....	750 mcg (RAE) .....	83%	Phosphorus (as calcium phosphate) .....	20 mg .....	2%
Vitamin C (as L-ascorbic acid) .....	60 mg .....	67%	Iodine (as potassium iodide) .....	150 mcg .....	100%
Vitamin D (as cholecalciferol) .....	2000 mcg (1000 IU) .....	125%	Magnesium (as magnesium oxide) .....	50 mg .....	12%
Vitamin E (as d-alpha tocopheryl succinate) .....	22.5 mg TE (33 IU) .....	150%	Zinc (as zinc oxide) .....	11 mg .....	100%
Vitamin K (as phytonadione) .....	30 mcg .....	25%	Selenium (as sodium selenate) .....	20 mcg .....	36%
Thiamin (as thiamin mononitrate) .....	1.5 mg .....	125%	Copper (as cupric oxide) .....	0.5 mg .....	56%
Riboflavin .....	1.7 mg .....	131%	Manganese (as manganese sulfate) .....	2.3 mg .....	100%
Niacin (as niacinamide) .....	20 mg .....	125%	Chromium (as chromium chloride) .....	52.5 mcg .....	150%
Vitamin B-6 (as pyridoxine HCl) .....	3.4 mg .....	200%	Molybdenum (as sodium molybdate) .....	45 mcg .....	100%
Folate .....	668 mcg .....	157%	Chloride (as potassium chloride) .....	72 mg .....	3%
	(400 mcg Folic Acid)		Potassium (as potassium chloride) .....	80 mg .....	2%
Vitamin B-12 (as cyanocobalamin) .....	25 mcg .....	1,042%			
Biotin .....	30 mcg .....	100%	Lutein .....	250 mcg .....	**
Pantothenic Acid (as calcium pantothenate) .....	10 mg .....	200%	Lycopene .....	300 mcg .....	**
Calcium (as calcium phosphate) .....	220 mg .....	17%			

\*\*Daily Value not established

**Directions:** As a dietary supplement, take 1 tablet daily with a meal.

**Tamper Evident:** Do not use this product if imprinted foil seal under cap is broken or missing. Keep tightly closed.

**KEEP OUT OF REACH OF CHILDREN**  
Store at room temperature: 59°-86°F (15°-30°C).

**Caution:** If you are pregnant or nursing, consult your physician before taking this product.

‡Multi-Vita-Min Senior tablets are not manufactured or distributed by Wyeth Consumer Healthcare, owner of the registered trademark Centrum®.

Other ingredients: Vegetable cellulose, vegetable stearic acid, silica, gum arabic.



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[www.wonderlabs.com](http://www.wonderlabs.com)

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Rev. #00DV

