Supplement Facts

Serving Size 1 Softgel

Each Softgel Contains		%Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Cholesterol	5 mg	2%
Fish Oil △	1,000 mg (1 g)	***
provides 300 mg of Total Omega-3 Fatty Acids†		***
comprising of:		
EPA (Eicosapentaenoic Acid) 50 mg ┼		***
DHA (Docosahexaenoic Acid) 50 mg ┼		***
Other Fatty Acids		***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

INGREDIENTS: Fish Oil Concentrate, Gelatin (Bovine), Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, mackerel, sardine) ingredients.

†As Natural Triglycerides

No Gluten, **No** Yeast, **No** Wheat, **No** Milk or Milk Derivatives, **No** Lactose, **No** Artificial Color, **No** Artificial Flavor.

DISTRIBUTED BY: SAFEWAY, INC.
P.O. BOX 99 PLEASANTON, CA 94566-0009
1-888-SAFEWAY (1-888-723-3929)
www.safeway.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

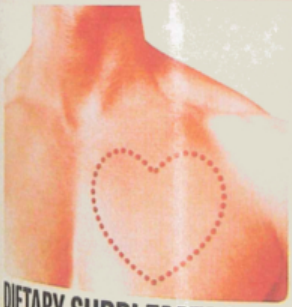
Quality Guaranteed

SAFEWAY care

Fish Oil

1000 mg

HEART HEALTH*



Total Omega-3 Fatty Acids
300 mg per softgel

200 SOFTGELS

DIETARY SUPPLEMENT

Fish Oil naturally contains the Omega-3 fatty acids, EPA and DHA. Omega-3 fatty acids help maintain heart and vascular health.*

Supportive but not conclusive research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. One serving of Fish Oil provides 300 mg total of EPA, DHA and other Omega-3 fatty acids. See nutrition information for total fat and cholesterol content.

SUGGESTED USE: Take one (1) softgel three times daily, preferably with a meal or as directed by a healthcare practitioner.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

DO NOT USE IF INNER SEAL IS BROKEN OR MISSING.

KEEP OUT OF THE REACH OF CHILDREN.

STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED.

POTENCY GUARANTEED THROUGH (MONTH & YEAR):
NOV 2015 433289-01
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