

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish. Suitable for vegans.

Biotin plays a key role in metabolizing fatty acids, to support nourishing hair follicles, healthy skin, and nails.[†] Recent research has also shown that biotin, when used in high doses such as the amount found in **Biotin 10,000 mcg**, can help promote glucose uptake in muscle tissue.[†]

Store in a cool, dry place.

We Guarantee Our Supplements for Potency and Purity
To report a serious adverse event, call 1-888-710-0006

[†] THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Woodstock
— V I T A M I N S —

Biotin 10,000 mcg

PROMOTES HEALTHY SKIN,
HAIR, AND NAILS[†]



DIETARY SUPPLEMENT
60 Vegetarian Capsules

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Serving	% Daily Value
Biotin..... 10,000 mcg	33,333%

OTHER INGREDIENTS: CELLULOSE (VEGETABLE SOURCE), MAGNESIUM STEARATE (VEGETABLE SOURCE), SILICA.

Distributed by: Village Vitality LLC
Woodstock, NY 12498
woodstockvitamins.com

SUGGESTED USE: Take one capsule daily with food.

KEEP OUT OF REACH OF CHILDREN. VVL 227-60B

