

Distributed by: Village Vitality LLC
Woodstock, NY 12498
woodstockvitamins.com

SUGGESTED USE: Take one capsule daily with food.

Essential B-Complex for Energy and More†

B Vitamins are needed to maintain healthy nerves and skin, as well as for energy production and metabolism.† Because the closely related B Vitamins provide maximum benefit when taken together, our **Balanced B-50** capsules are formulated to provide these essential daily vitamins in a convenient single dose.

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

* SGS verified the process for manufacturing this product with no GMO ingredients. www.sgs.com/no-gmo

Store in a cool, dry place.

We Guarantee Our Supplements for Potency and Purity
To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Woodstock
— VITAMINS —

Balanced B-50 Caps

SUPPORTS HEALTHY SKIN,
HAIR, EYES, AND NERVES†



DIETARY SUPPLEMENT
90 Capsules

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 90

Amount Per Serving	% Daily Value	
Thiamine (as thiamine mononitrate)	50 mg	4,167%
Riboflavin	50 mg	3,846%
Niacin (as niacinamide)	50 mg	313%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2,941%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as cobalamin)	50 mcg	2,083%
Biotin	50 mcg	167%
Pantothenic Acid (as calcium pantothenate)	50 mg	1,000%
Choline (from choline bitartrate)	50 mg	9%
Inositol	50 mg	*

* Daily Value not established.

Other ingredients: Capsule (gelatin), silica dioxide, magnesium stearate (vegetable source), cellulose.
KEEP OUT OF REACH OF CHILDREN. VVL 236-90N

