

Suggested Usage: Mix 1 scoop in 6-8 oz of warm water 30-60 minutes prior to bed or as directed by your qualified healthcare provider. Do not take when pregnant, nursing or while consuming alcohol or GABA related medication. Do not operate machinery or drive a motor vehicle.

WITH ADAPTOGENS, MAGNESIUM & TEA
HELPS PROMOTE BETTER SLEEP**
SUPPORTS A CALM TRANQUILITY**

**** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

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NUTRITION

RELAX-ALL®

SLEEP AID**

PEACH TEA

NET WT 180 G (6.35 OZ)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Scoop (6 g)
30 Servings Per Container

Amount Per Serving	% Daily Value	
Calories	15	
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	3%*
Total Sugars	1 g	†
Includes 0 g Added Sugars		0%*
Calcium (as calcium citrate)	100 mg	8%
Magnesium (as marine magnesium oxide)	200 mg	48%
Jujube Seed Extract (2% Jujubosides)	800 mg	†
Gamma Aminobutyric Acid (GABA)	750 mg	†
Valerian Root Extract (0.8% Valeric Acid)	500 mg	†
Sensoril® Ashwagandha Root & Leaf Extract (Withania somnifera (10% Withanolides))	200 mg	†
Inositol	200 mg	†
L-Theanine	150 mg	†
Chamomile Flowers (Matricaria recutita)	150 mg	†
Lemon Balm Leaf (Melissa officinalis)	150 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Natural flavors, citric acid, stevia leaf extract and monk fruit extract.

Contains no added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that processes other products that contain milk or egg.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

Formulated by & Manufactured for:
MRM
2665 Vista Pacific Dr.
Oceanside, CA 92056 USA
www.mrm-usa.com • 1-800-948-6296

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