

Initial (First Serving Only) Instructions: To assess your individual tolerance to the formula, take 1 tablet 60 minutes before working out.

Directions: Take 5 tablets, once per day, 60 minutes before your workout and anytime on non-workout days. After every 2 bottles (2 months), cycle off for 2 weeks before reintroducing this supplement back into your daily routine. For best results, **Blue Gene™** should be used in combination with other Controlled Labs products, at least 1-2 gallons of water per day, and a high protein/moderate carbohydrate diet. For more details on optimizing your results, please visit: www.ControlledLabs.com

Warnings: You should not take this product if you have any prior medical conditions, including diabetes or high blood pressure. Consult your doctor before using this product.

**Keep out of the reach of children.
Do not purchase if safety seal is broken.**

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

To report a serious adverse event or obtain product information regarding this dietary supplement, please call (201) 735-7144



Blue Gene™

Natural Anabolic Matrix

Dietary Supplement

Supplement Facts

Serving Size: 5 Tablets

Servings Per Container: 30

	Amount Per Serving	%DV
Niacin (as Niacinamide)	50 mg	250%*
Sodium (as Sodium Bicarbonate)	41 mg	2%*

Blue C Complex™	3750 mg	**
L-Carnitine (1800mg), Cissus Quadrangularis (20% Extract), Carao Extract (Cassia Grandis), Catuaba 4:1 Extract (Trichilia Catigua) and Propionyl-L-Carnitine (200mg)		

Blue Sky Complex™	2200 mg	**
Quercetin, Ginkgo Biloba (Extracted for Ginkgo Flavone Glycosides and Terpenes), Grape Seed (Extracted for 95% OPC), Epimedium Sagittatum (Extracted for 50% Icaritin), Coenzyme Q10 (ubiquinone), Griffonia Simplicifolia Extract, Apigenin (98% Extract) and Perilla Frutescens (Extracted for 23% Luteolin)		

* Percent Daily Value (%DV) Based on a 2,000 Calorie Diet

**Daily Value not established

Other Ingredients: Maltodextrin, Magnesium Stearate and Artificial Colors.