

Supports Rest, Mood & Brain Health†

5-HTP is a precursor to a neurotransmitter called serotonin, which is known to support mental well-being.† It is involved in mood, appetite, sleep, memory, and learning.†

Our **5-HTP 100 mg** is derived from the seeds of the *Griffonia simplicifolia* plant, and is suitable for vegans and vegetarians.

CONTAINS NO artificial colors, flavors, or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, soy, crustacean shellfish or fish.

Store in a cool, dry place.

We Guarantee Our Supplements for Potency and Purity
To report a serious adverse event, call 1-888-710-0006

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Woodstock
— V I T A M I N S —

PLANT-SOURCED

5-HTP
100 mg

SUPPORTS MENTAL WELL-BEING†



DIETARY SUPPLEMENT
60 Vegan Capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving

5-HTP	100 mg
(5-hydroxytryptophan)(from <i>Griffonia simplicifolia</i> (seed))	

* Daily Value not established.

Other ingredients: Cellulose, vegetarian capsule (cellulose), magnesium stearate (vegetable source), silica.

Distributed by: Village Vitality LLC
Woodstock, NY 12498
woodstockvitamins.com

SUGGESTED USE: Take one capsule per day, with or without food, or as directed by your healthcare practitioner.

KEEP OUT OF REACH OF CHILDREN.

VVL 754-60C

