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WF-WOM50-120-U-2004

Suggested Use: Take 4 capsules daily. For best results, take 2 capsules with breakfast and 2 capsules with dinner. Capsules may be opened and powder added to your food or drink.

Does NOT contain GMOs, soy, gluten, milk, eggs, fish, shellfish, tree nuts, peanuts, or preservatives. Suitable for vegans and vegetarians.

Caution: Keep out of reach of children. As with any dietary supplement, consult your healthcare practitioner before using this product. Store in a cool, dry place. Do not use if safety seal under the lid is broken or missing.

Aquamin® is a registered trademark of Marigot Limited. TRAACS® is a registered trademark of Albion International, Inc.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by:
NATURELO Premium Supplements
Seattle, WA 98104, USA
1.800.560.8550
www.naturelo.com



NO GMOs



NO SOY



NO GLUTEN



VEGAN FRIENDLY

NO COLORING,
PRESERVATIVES
OR FLAVORING

NATURELO®
PREMIUM SUPPLEMENTS

WHOLE FOOD MULTIVITAMIN

FOR WOMEN 50+



120
VEGETARIAN
CAPSULES

DIETARY SUPPLEMENT
PROVIDES NATURAL SUPPORT FOR
BONE, HEART, & BRAIN HEALTH*

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

Amount Per Serving		%DV
Vitamin A (as Natural Beta Carotene from <i>Blakeslea Trispora</i>)	945 mcg RAE	105%
Vitamin C (from L-Ascorbate and Organic Acerola Cherry Extract)	155 mg	172%
Vitamin D3 (as Plant-based Cholecalciferol from Wild-harvested Lichen)	25 mcg (1,000 IU)	125%
Vitamin E (from d-Alpha Tocopheryl from Sunflower)	22 mg alpha tocopherol	147%
Vitamin K2 (as Menaquinone MK-7)	120 mcg	100%
Vitamin B1 (from Thiamine HCl)	3 mg	250%
Vitamin B2 (Riboflavin)	3 mg	231%
Vitamin B3 (as Niacinamide)	20 mg NE	125%
Vitamin B6 (from Pyridoxal-5-Phosphate)	5 mg	294%
Folate (as Active L-5-Methylfolate)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	7 mcg	292%
Biotin (as D-Biotin)	150 mcg	500%
Vitamin B5 (from d-Calcium Pantothenate)	9 mg	180%
Calcium (from Dicalcium Phosphate and Aquamin® from Marine Algae)	200 mg	15%
Phosphorus (from Dicalcium Phosphate)	125 mg	10%
Iodine (from Wild, Hand-harvested Kelp)	150 mcg	100%
Magnesium (as Aquamin® Magnesium from Marine Algae)	310 mg	74%
Zinc (from Zinc Amino Acid Chelate)	11 mg	100%
Selenium (from Selenium Glycinate Complex)(TRAACS®)	55 mcg	100%
Copper (as Copper Aminoimin)	0.9 mg	100%
Manganese (as Manganese Sulfate)	2.3 mg	100%
Chromium (from Chromium Picolinate)	30 mcg	86%
Molybdenum (as Molybdenum Krebs Complex)	45 mcg	100%
Potassium (from Potassium Chloride)	75 mg	2%

Amount Per Serving	%DV
Organic Fruit & Vegetable Blend 200 mg	**
Organic Beet (Root), Organic Carrot (Root), Organic Black Currant (Leaves), Organic Blueberry (Berry), Organic Broccoli (Stem & Floret), Organic Cranberry Extract (Fruit), Organic Kale (Whole Plant), Organic Pomegranate (Whole Fruit Juice), Organic Raspberry (Berry), Organic Spinach (Leaf & Stalk)	
Digestive Enzyme & Probiotic Blend 120 mg	**
Protease (to break down protein), Amylase (to break down carbs), Lipase (to break down fats), <i>B. breve</i> , <i>L. reuteri</i>	
Joint Health Blend* 100 mg	**
Glucosamine (as Glucosamine Sulfate), MSM (Methylsulfonylmethane), Organic Boswellia serrata Extract (Gum Resin), Organic White Willow Extract (Bark)	
Brain Health Blend* 60 mg	**
Organic <i>Ginkgo biloba</i> (Leaf), Organic Ginger (Root), Inositol, Boron (from Boron Citrate)	
Heart Health Blend* 50 mg	**
Organic Turmeric (Root), Organic Ceylon Cinnamon (Bark), Organic Grape Extract (Seed), Organic Resveratrol (from Knotweed)(Root)	
Eye Health Blend* 15 mg	**
Rutin (from <i>Sophora japonica</i>)(Bud), Lycopene, Lutein (from Marigold flowers), Zeaxanthin (from Marigold flowers)	

**Daily Value (DV) not established.

Best Before: See date on bottom ▶