Suggested Usage: Take one (1) capsule thirty (30) minutes before bedtime.

Does NOT contain GMOs, soy, aluten, yeast, dairy, eggs, corn, nuts, caffeine, coloring, preservatives, or flavoring.

Caution: Keep out of reach of children, Individuals with a known medical condition should consult a doctor before taking this or any dietary supplement. Store in a cool, dry place. Do not use if outer seal is broken.

Formulated and distributed by: NATURELO Premium Supplements Seattle, WA 98102, USA support@naturelo.com













NO GLUTEN









CAPSULES

DIETARY SUPPLEMENT NATURAL SLEEP AID WITH VALERIAN, CHAMOMILE, & LEMON BALM

Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 60

Amount Per Serving	%DV	
Magnesium (from Algae & citrate)	10 mg	2%
Valerian Root Extract	125 mg	**
Chamomile Extract (whole plant)	125 mg	**
Lemon Balm Extract (whole plant)	100 mg	**
Hops Extract (flower)	100 mg	**
GABA (gamma-Aminobutyric Acid)	100 mg	**
5-HTP (5-Hydroxytryptophan)	100 mg	余余

25 mg

6 mg

**Daily Value not established

Passion Flower Extract

(whole plant)

Melatonin

Other Ingredients: Vegetable

Cellulose Capsule,