



We're social. Join the conversation.
Facebook.com/MRM.Nutrition
Instagram: @MRM_Nutrition



NUTRITION

WHOLE FOOD ORGANIC FIBER

WITH ENZYMES & PREBIOTICS



NET WT 9.03 OZ (256 G)

DIETARY SUPPLEMENT

6 GRAMS OF ORGANIC WHOLE FOOD FIBER
SUPPORTS CARDIOVASCULAR HEALTH**

ASSISTS WITH DIGESTIVE HEALTH &
REGULARITY**

CAN HELP SUPPORT HEALTHY BLOOD
SUGAR BALANCE**

MAY HELP WEIGHT MANAGEMENT &
APPETITE CONTROL**

RECOMMENDED USES

USE 1 SERVING PER DAY.



SMOOTHIES



YOGURT/CEREAL



BEVERAGES



COOKING

DOES NOT CONTAIN

- Soy.
- Milk.
- Gluten.
- Psyllium.
- Preservatives.
- Refined Sugar.
- Sugar Alcohols.
- Animal Products.
- Fillers or Additives.
- Artificial Ingredients.

** This statement has not been evaluated
by the Food and Drug Administration.
This product is not intended to diagnose,
treat, cure, or prevent any disease.

Manufactured for MRM®
2665 Vista Pacific Dr. Oceanside, CA 92056 USA
www.mrmnutrition.com • 1-800-948-6296

Certified Organic by ECOCERT SA

Suggested Usage: Add one scoop to at least 10
ounces of liquid. Mixes easily into water, juice,
cereal, yogurt, smoothies or your favorite recipes
to boost fiber content.

Supplement Facts

Serving Size 8g (1 scoop)
Servings Per Container 32

Amount Per Serving	%Daily Value*
Calories	30
Total Fat	0 g 0%
Saturated Fat	0 g 0%
Trans Fat	0 g †
Cholesterol	0 mg 0%
Sodium	25 mg 1%
Total Carbohydrates	7 g 3%
Dietary Fiber	6 g 21%
Soluble Fiber	5 g †
Insoluble Fiber	1 g †
Total Sugars	0 g †
Includes 0g Added Sugars	0%
Protein	0 g †
Organic Fiber Blend	7,990mg †
Organic Acacia Fiber (4,700mg), Organic Apple Fiber (1,800mg), Organic Baobab Fruit (1,000mg), Organic Agave Inulin (490mg)	
Alpha-Galactosidase	100 GalU †

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Contains no added milk, egg, peanut, tree nut, fish,
shellfish, soy, wheat, gluten or yeast ingredients.

This product is manufactured in a facility that
processes other products that contain milk or egg.

NOTE: Bulk forming fibers may affect how some
medications are absorbed or work. If taking oral
medication it is recommended to take this product at
least 2 hours before or 2 hours after your medication.



6 09492 31052