

NATURELO®

PREMIUM SUPPLEMENTS

PRENATAL MULTIVITAMIN

WITH FOLATE, IRON, & CALCIUM

180
VEGETARIAN
CAPSULES

DIETARY SUPPLEMENT

COMPLETE FORMULA*
GENTLE ON THE STOMACH*



Supplement Facts

Serving Size 3 Capsules
Servings Per Container 60

Amount Per Serving	%DV†
Vitamin A (as Natural Beta Carotene from <i>Blakeslea trispora</i>)	1,040 mcg RAE 80%
Vitamin C (as L-Ascorbate and Acerola Cherry Extract)	120 mg 100%
Vitamin D3 (from Plant-based Cholecalciferol from Wild-harvested Lichen)	20 mcg (800 IU) 133%
Vitamin E (as d-Alpha Tocopheryl from Sunflower)	19 mg alpha tocopherol 100%
Vitamin B1 (from Thiamine HCl)	1.4 mg 100%
Vitamin B2 (Riboflavin)	1.6 mg 100%
Vitamin B3 (as Niacinamide)	18 mg NE 100%
Vitamin B6 (from Pyridoxal-5-Phosphate)	3.4 mg 170%
Folate (as Active L-5-Methylfolate)	800 mcg DFE 133%
Vitamin B12 (as Methylcobalamin)	4.8 mcg 171%
Biotin (as D-Biotin)	55 mcg 157%
Vitamin B5 (from d-Calcium Pantothenate)	10 mg 143%
Choline (as Choline L(+) Bitartrate) (VitaCholine™)	100 mg 18%
Calcium (as Plant-based Aquamin® from Marine Algae)	255 mg 20%

Amount Per Serving	%DV†
Iron (Ferrous Bisglycinate) (K-Pure®)	27 mg 100%
Iodine (from Wild, Hand-harvested Kelp)	290 mcg 100%
Magnesium (as Plant-based Aquamin® Magnesium from Marine Algae)	200 mg 50%
Zinc (as Zinc Bisglycinate Chelate)	13 mg 100%
Selenium (as Selenium Glycinate) (Albion™)	70 mcg 100%
Copper (as Copper Aminoimin)	1.3 mg 100%
Manganese (as Manganese Sulfate)	2.6 mg 100%
Chromium (from Chromium Polynicotinate)	45 mcg 100%
Molybdenum (as Molybdenum Krebs Complex)	50 mcg 100%
Potassium (from Potassium Chloride)	80 mg 2%
Vitamin K2 (as Menaquinone MK-7)	90 mcg **

** Daily Value (DV) not established.

†% Daily Values reflect the recommended values for pregnant and lactating women, which may be higher than standard daily values.



NO GMOs



NO SOY



NO GLUTEN



VEGAN FRIENDLY

NO COLORING,
PRESERVATIVES
OR FLAVORING

Suggested Use: Take three (3) capsules a day with a meal and a full glass of water. Capsules may be opened and powder added to food or drink.

Does NOT contain GMOs, soy, gluten, milk, eggs, fish, shellfish, tree nuts, peanuts, or preservatives. Suitable for vegans and vegetarians.

Caution: As with any dietary supplement, consult a healthcare practitioner prior to use. Store in a cool, dry place. Do not use if safety seal under the lid is broken or missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Albion™ is a trademark of Albion Laboratories, Inc. K-Pure® is a registered trademark of Innophos, Inc. VitaCholine™ is a trademark of Balchem Corporation. Aquamin® is a registered trademark of Marigot Limited.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by:
NATURELO Premium Supplements
Bridgewater, NJ 08807, USA
1.800.560.8550
www.naturelo.com



**vitamin
angels®**
PROUD SUPPORTER



PRE-180-U-2010

Other Ingredients: Vegetarian Capsule, Plant-based Maltodextrin, Silica.

Best Before: See date on bottom