

GREEN SOURCE ®

Whole Food Vitamin-Mineral Complex

Dietary Supplement 240 TABLETS

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 80

Amount Per Serving % DV	Amount Per Serving % DV
Vitamin A (as 100% beta carotene) 2500 IU .50% Vitamin C (as L-ascorbic acid) 120 mg .200% Vitamin D (as ergocalciferol) .2000 IU .500% Vitamin E (as d-alpha Tocopheryl acetate) 30 IU .100% Thiamin (B-1) (as thiamin mononitrate) .25 mg .1667% Riboflavin (Vitamin B-2) .25 mg .125mg .125% Vitamin B-6 (as pyridoxine HCl) .25 mg .125% Vitamin B-6 (as pyridoxine HCl) .25 mg .125% Vitamin B-12 (as cyanocobalamin) .500 mcg .8333% Biotin (as d-Biotin) .1000 mcg .333% Pantothenic Acid (as calcium pantothenate) .30 mg .30% Calcium (as calcium cardonate) .50 mg .5% Iron (as ferrous sulfate) .150 mcg .100% Iodine (as kelp) .150 mcg .00% Iodine (as kelp) .150 mcg .5% Zinc (as zinc picolinate) .150 mcg .5% Zinc (as zinc picolinate) .25 mg .5% Selenium (as L-selenomethionine) .25 mg .3%	Flaxseed
Later 10 mag	* Daily Value not established.

DIRECTIONS: As a dietary supplement, take three (3) tablets daily, preferably with a meal or as desired.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing

Suitable for Vegetarians/Vegans.

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

Mfg. in an FDA Registered Facility using Good Manufacturing Practices

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Other Ingredients: Vegetable cellulose, silica, vegetable magnesium stearate, vegetable stearic acid. Non-GMO

CAUTION: If you are pregnant or nursing, consult your physician before taking this product. Avoid this product if you are allergic to sunflowers. ragweed or daisy-like flowers.

CONTAINS NO preservatives, sugar, starch, milk, lactose, gluten, wheat, veast, fish, artificial color, flavor, or sweetener. Rev. #04

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Distributed by: Wonder Laboratories ®, 115 S.C.T. Ct., White House, TN 37188 Made in USA