



GREEN SOURCE®

Whole Food Vitamin-Mineral Complex

Dietary Supplement
240 TABLETS

Supplement Facts

Serving Size 3 Tablets

Servings Per Container 80

Amount Per Serving	% DV
Vitamin A (as 100% beta carotene)	5000 IU 100%
Vitamin C (as L-ascorbic acid)	500 mg 833%
Vitamin D (as ergocalciferol)	800 IU 200%
Vitamin E (as d-alpha Tocopheryl succinate)	100 IU 333%
Thiamin (B-1) (as thiamin mononitrate)	25 mg 1667%
Riboflavin (Vitamin B-2)	25 mg 1471%
Niacin (as niacinamide)	25 mg 125%
Vitamin B-6 (as pyridoxine HCl)	25 mg 1250%
Folic Acid	400 mcg 100%
Vitamin B-12 (as cyanocobalamin)	250 mcg 4167%
Biotin (as d-Biotin)	300 mcg 100%
Pantothenic Acid (as calcium pantothenate)	30 mg 300%
Calcium (as calcium carbonate)	268 mg 27%
Iron (as ferrous sulfate)	15 mg 83%
Iodine (as kelp)	150 mcg 100%
Magnesium (as magnesium oxide)	125 mg 31%
Zinc (as zinc oxide)	15 mg 100%
Selenium (as L-selenomethionine)	25 mcg 36%
Copper (as cupric gluconate)	0.5 mg 25%
Manganese (as manganese gluconate)	4 mg 200%
Chromium (as chromim picolinate)	100 mcg 83%
Molybdenum (as sodium molybdate)	51 mcg 68%
Chloride (as potassium chloride)	45 mg 1%
Sodium	10 mg <1%*
Potassium (as potassium chloride)	50 mg 1%

Choline Bitartrate (as choline bitartrate)	50 mg *
Inositol	25mg *
PABA (Para-Aminobenzoic Acid)	25 mg *
Boron (as Sodium Borate)	1 mg *
Citrus Bioflavonoids (fruit)	50 mg *
Hesperidin Complex (fruit)	20 mg *
Rutin	20 mg *
Quercetin	20mg *
DNA (Deoxyribonucleic Acid)	1 mg *

Amount Per Serving	% DV
RNA (Ribonucleic Acid)	35 mg *
L-Glutathione	5 mg *
Lutein	10 mcg *
Green Source Enzyme Blend	50 mg *
(Betaine HCl, Bromelain (from pineapple), Papain (papaya enzyme), Amylase, Lipase, Cellulase, Protease)	
Green Source Probiotic Blend	25 mg *
(B. bifidum, L. bulgaricus, L. acidophilus)	
Green Source Omega Blend	300 mg *
(Flaxseed Oil, Sunflower Oil, Borage Powder)	
(Contains Omega-3 36 mg and Omega-6 12 mg)	
Green Source Green and Whole Food Blend	1230 mg *
(Oat Ext. (aerial), Chlorella (plant), Wheat Grass (aerial), Spirulina (plant), Apple Pectin (fruit), Barley Grass (aerial), Sodium Copper Chlorophyllin)	
Green Source Herbal Blend	100 mg *
(Echinacea purpurea (aerial), Ginger (root), Milk Thistle (seed), Cayenne (fruit), Korean Ginseng Ext. (root), Ginkgo Biloba Ext. (leaf), Goldenseal (root))	
Green Source Vegetable Blend	100 mg *
(Garlic (bulb), Wheat Grass (aerial), Beet Root Pwd., Carrot Pwd., Parsley Pwd., Asparagus Pwd. and Extracts of Broccoli, Cabbage, Brussels Sprouts, Cauliflower and Kale)	
Green Source Fruit Blend	100 mg *
(Grapefruit Ext. , Apple Pwd., (fruit), Papaya Fruit Pwd., Peach (fruit), Strawberry (fruit), Acai (fruit), Cranberry (fruit), Blueberry (fruit), Bilberry (fruit), Pomegranate (fruit), Pineapple (fruit), Orange (fruit), Noni Ext.(fruit))	
Green Source Mushroom Blend	50 mg *
(Shiitake Ext., Maitake (aerial), Reishi Ext.)	

* Daily Value not established.

DIRECTIONS: As a dietary supplement, take three (3) tablets daily, preferably with a meal or as desired.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Suitable for Vegetarians/Vegans.

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C).

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Conforms to USP <2091> for weight. Meets USP <2040> disintegration for maximum bioavailability.

Other Ingredients: Vegetable Cellulose, silica, vegetable magnesium stearate, vegetable stearic acid.
Contains milk and wheat ingredients.

CAUTION: If you are pregnant or nursing, consult your physician before taking this product. Avoid this product if you are allergic to sunflowers, ragweed or daisy-like flowers.

CONTAINS NO artificial color, flavor, sugar or fish.

Rev. #01

WARNING: Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose contact a doctor or poison control center immediately.

Distributed by: **Wonder Laboratories®**, 115 S.C.T. Ct.,
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Made in USA