

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



GNC

**VITAMIN
B-12
1000 MCG**

Essential for carbohydrate metabolism
& energy production*

Required for red blood cell formation*

DIETARY SUPPLEMENT
90 VEGETARIAN CAPLETS

CODE 016824

JNG

Directions: As a dietary supplement, take one caplet daily.

Supplement Facts

Serving Size One Caplet

Amount Per Serving	% Daily Value	
Vitamin B-12 (as Cyanocobalamin)	1000 mcg	16667%

Other Ingredients: Dicalcium Phosphate, Cellulose, Vegetable Stearate, Food Glaze, Whole Brown Rice Powder (*Oryza sativa*).

Potency verified by GNC procedure #5003. Conforms to USP <209 L> for weight. Disintegrates over 5 hours for timed-release benefit.

No Sugar, No Artificial Colors, No Artificial Flavors,
No Preservatives, Sodium Free, No Wheat, No Gluten,
No Corn, No Soy, No Dairy, Yeast Free.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

Ko

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By