

Sleep FormulaTM

Synergistic Botanical Combination



60 vegetarian capsules
Dietary Supplement

Suggested use for adults:

1-2 capsules nightly for sleep, one hour before bedtime, or 1 capsule three times daily for a calming effect. Take as directed by your health care practitioner.

This product contains no yeast, wheat, soy, corn, milk, salt, sugar, artificial coloring, preservatives or flavoring.

This product is intended for professional use and is manufactured under strict quality control to ensure the optimum in purity, potency and reliability.

Keep in a cool, dry place tightly capped.

Produced by Karuna Corporation
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Supplement Facts

Serving Size 1 Capsule

Servings per Container 60

Amount per serving:		%DV
Valerian (root) (<i>Valeriana officinalis</i>)*	300 mg	†
Standardized to concentration of 0.08-1.0% Valerenic Acid		
Lemon Balm (leaf) (<i>Melissa officinalis</i>)*	80 mg	†
4:1 Extract		
Hops fruit extract (<i>Humulus lupulus</i>)*	60 mg	†
0.4% flavonoids		
Passionflower (leaf) (<i>Passiflora incarnate</i>)*	40 mg	†
Standardized to 0.4% flavonoids as Isovitexin		
† Daily Value (DV) not established		

Other ingredients: vegetarian capsule, vegetable stearate

*Certified organic or wildcrafted