

MAXXUM™

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High Potency Multi-Vitamin
and Mineral Supplement with
1:1 Calcium/Magnesium Ratio

 **KARUNA®**
RESPONSIBLE NUTRITION™

180 vegetarian capsules
Dietary Supplement

Supplement Facts

Serving Size 6 Capsules

Servings per Container 30

Amount per serving:		%DV
Vitamin A (natural beta-carotene)	20,000 IU	400%
Vitamin C (ascorbic acid)	1,000 mg	1,667%
Vitamin D3 (cholecalciferol)	1,000 IU	250%
Vitamin E (d-alpha tocopherol succinate)	400 IU	1,333%
Vitamin K1 (phylloquinone)	120 mcg	150%
B1 (thiamine)	40 mg	2,667%
B2 (riboflavin)	40 mg	2,353%
B3 (niacinamide)	40 mg	200%
B6 (pyridoxine HCl)	40 mg	2,000%
Folate (as Calcium Folate)	400 mcg	200%
Folate as (L-5-MTHF)	400 mcg	
B12 (methylcobalamin)	450 mcg	7,500%
Biotin (d-biotin)	400 mcg	133%
B5 (d-calcium pantothenate)	40 mg	400%
Calcium (citrate/malate 2:1)	500 mg	50%
Iodine (potassium iodine)	75 mcg	50%
Magnesium (aspartate)	500 mg	125%
Zinc (amino acid chelate)	15 mg	100%
Selenium (L-selenomethionine)*	200 mcg	286%
Copper (amino acid chelate)	1.5 mg	75%
Manganese (amino acid chelate)	5 mg	250%

Amount per serving:		%DV
Chromium (polynicotinate)*	200 mcg	167%
Molybdenum (aspartate)	75 mcg	100%
Boron (citrate)	1 mg	†
Vanadium (aspartate)	50 mcg	†
† Daily Value (DV) not established		

*non-yeast form

Other ingredients: vegetarian capsule

Suggested use for adults:

6 capsules daily, taken with meals, or as directed
by your health care practitioner.

This product contains no yeast, wheat, corn, milk, salt,
sugar, artificial coloring, preservatives or flavoring.

This product is intended for professional use and is
manufactured under strict quality control to ensure
the optimum in purity, potency and reliability.

Keep in a cool, dry place, tightly capped.

Produced by Karuna Corporation
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