

Iron Plus™

Iron Glycinate Plus Co-factors



60 vegetarian capsules
Dietary Supplement

Suggested use for adults: Should be taken only as directed by your health care practitioner. Recommended dosage is one capsule daily, on a full stomach.

This product contains no yeast, wheat, soy, corn, milk, salt, sugar, artificial coloring, preservatives or flavoring.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under age 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor immediately.

Produced by Karuna Corporation
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Supplement Facts

Serving Size 1 Capsule

Servings per Container 60

Amount per serving:		%DV
Vitamin A (natural beta-carotene)	1000 IU	20%
Vitamin C (ascorbic acid)	100 mg	167%
Folic Acid	800 mcg	200%
B12 (cyanocobalamin)	100 mcg	1667%
Iron (glycinate)	29 mg	161%
Copper (glycinate)	500 mcg	25%
Manganese (amino acid chelate)	1 mg	50%
Betaine HCl	100 mg	†

† Daily Value (DV) not established

Other ingredients: vegetable capsule, cellulose, vegetable stearate, silicon dioxide

Keep in a cool, dry place, tightly capped.