

Suggested Usage: Take 1 capsule every 3-4 hours or as directed by your qualified healthcare provider.

Do not exceed 4 capsules per day or 5 days of consecutive use. For sleep take 2-4 capsules 45-60 minutes prior to sleep. Do not take when pregnant, nursing or while consuming alcohol or GABA related medication. Do not operate machinery or drive a motor vehicle. For adverse reactions call: 1-800-948-6296

**SUPPORTS RELAXATION
& CALMNESS TO MUSCLES****

AIDS IN A BETTER NIGHT'S SLEEP**

**** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Formulated by & Manufactured for: MRM
2665 Vista Pacific Dr. • Oceanside, CA 92056 USA
www.mrm-usa.com • 1-800-948-6296

Venetron® is a registered trademark of
Tokiwa Phytochemical Co., Ltd

6 09492 31017 _ BEST BY:

1905V01



NUTRITION

RELAX-ALL®

CALM & SLEEP

60 VEGAN CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 4 Vegan Capsules
Servings Per Container 15

Amount Per Serving	% Daily Value	
Niacin (as niacinamide)	10 mg	63%
Calcium (from calcium carbonate & calcium citrate)	200 mg	20%
Magnesium (from magnesium aspartate)	200 mg	48%
L-Tryptophan	600 mg	*
Gamma Aminobutyric Acid (GABA)	450 mg	*
Jujube Seed Extract (2% Jujubosides)	400 mg	*
Valerian Root Extract (0.8% Valeric Acid)	300 mg	*
Inositol	250 mg	*
Ashwagandha Root Extract (1.5% Withanolides)	150 mg	*
Chamomile Flower (Matricaria recutita)	100 mg	*
Lemon Balm Leaf (Melissa officinalis)	100 mg	*
Venetron® (Rafuma Leaf Extract)	50 mg	*

*Daily Value not established.

Other Ingredients: Cellulose capsule.

Contains no added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredients.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.