

Fight OSTEOPOROSIS

Regular exercise and a healthy diet with enough calcium helps all women approximately 11 to 35 years of age maintain good bone health and may reduce their high risk of osteoporosis later in life. For persons with a family history of osteoporosis, menopausal women, or elderly men and women, adequate calcium intake is linked to reduced risk of osteoporosis through the mechanism of slowing the rate of bone loss. Adequate calcium intake is important but daily intakes above 2000 mg are not likely to provide any additional benefits.

TAMPER EVIDENT: Do not use this product if imprinted foil seal under cap is broken or missing.

Mfg. in an FDA Registered Facility using Good Manufacturing Practices (GMPs)

Keep tightly closed. Store at room temperature: 59°-86°F (15° to 30°C). **KEEP OUT OF REACH OF CHILDREN.** Conforms to USP <2091> for weight.

CAUTION: If you are pregnant or nursing, consult your physician before taking this product.



CALCIUM WAFERS

Chocolate Flavored

Chewable Calcium

w/Vitamin D and Magnesium
"Calcium Builds Strong Bones"

Gluten Free Dietary Supplement

250 WAFERS

Supplement Facts

Serving Size 2 Wafers
Servings Per Container 125

Amount Per Serving	% DV
Vitamin D-3..... 10 mcg (400 IU)	50%
(as cholecalciferol)	
Calcium..... 500 mg	38%
(as calcium carbonate)	
Magnesium 80 mg	19%
(as magnesium carbonate)	

Other ingredients: Dextrose, fructose, sorbitol, carob, vegetable stearic acid, chocolate flavor, lecithin, silica, vegetable magnesium stearate. Contains soy ingredients.

DIRECTIONS: As a dietary supplement, chew 2 wafers before morning and evening meals.

Distributed by: **Wonder Laboratories**®

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Made in USA

Rev.03DV